## Why should we vaccinate children?

Some children get very sick from coronavirus. COVID-19 is a leading cause of death in children. It is #1 in deaths caused by infections/respiratory diseases. Thousands of children have been hospitalized for COVID-19.

Most children don't become as sick as adults, **but** they can still spread the virus. COVID-19 vaccines prevent grandparents, younger siblings, and others from severe disease, hospitalization, and death.

Getting kids vaccinated helps **prevent outbreaks** that cause school closures.

#### Is the vaccine safe for children?

As of May 2023, over 32% of children in the US 5-11, and 59% of children 12-17 have received their primary series.

Many children have also received an updated bivalent dose.

Risks from COVID-19 greatly outweigh any potential risks from the vaccine.

## How do we keep children under six months old safe?

Currently, there is not an approved COVID-19 vaccine for children under 6 months old. But you can protect children from being infected and spreading the virus to others.

- + Ensure all household members aged 6+ months are vaccinated.
- + Breastfeeding moms can get vaccinated to help pass antibodies to their baby.
- + Encourage indoor mask wearing and social distancing especially among the unvaccinated.
- Wash hands.

# HOW CAN I GET MY CHILD A COVID-19 VACCINE?

- Contact your local health department to make an appointment or ask them where mobile vaccine clinics are located.
- Contact your local community health center to make an appointment.
- ✓ Ask your child's pediatrician if they offer COVID-19 vaccines.
- Check with your local pharmacy. They will likely offer vaccines.
- ✓ Speak with your child's school about getting a COVID-19 vaccine. They may offer in-school vaccine clinics.
- ✓ In some places, parents are required to be present when their child is vaccinated. Look for after-hour and pop-up clinics to make it easier for working parents.

## FOR MORE INFORMATION

Visit Centers for Disease Control and Prevention: https://www.cdc.gov/coronavirus/2019-ncov/





For answers to Frequently Asked Questions, visit **Migrant Clinicians Network** (MCN): https://bit.ly/3ki1xAl





**Updated:** July 25, 2023



# Children and the COVID-19 Vaccine

- ✓ GET VACCINATED!
- ✓ Wear a mask
- ✓ Social distancing
- Wash your hands

**COVID-19 Vaccine Awareness Campaign** 



## COVID-19 VACCINES FOR CHILDREN

- Children 6 mos. to 4 yrs: 3 doses of Pfizer vaccine or 2 doses of Moderna vaccine.
- ➤ Children 5 yrs: 1 dose of Pfizer vaccine or 2 doses of Moderna vaccine.
- 6-17: 1 dose of Pfizer or Moderna vaccine.
- ➤ **Note:** These recommendations are for the bivalent/updated vaccines. If your child has received any doses of the monovalent/original vaccines, ask your child's healthcare provider about how many doses of the updated vaccines are needed.
- Immunocompromised children: Ask child's healthcare provider for dose recommendations.
- Spacing between doses varies, by age: Ask child's healthcare provider. Visit the CDC's page for spacing: <a href="https://www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us">www.cdc.gov/vaccines/covid-19/clinical-considerations/interim-considerations-us</a>

## **HOW TO PROTECT YOUR CHILDREN**

- + Get vaccinated and get your children who are 6 months and older vaccinated.
- + Wear a mask in crowded indoor spaces even when you are up to date on your vaccines.
- If your child is up to date on their vaccines and are exposed to COVID-19:
- If they have symptoms: Test immediately. If they have a negative test, test again in 48 hours.
- If they do not have symptoms: Test at least 5 days after exposure. If they have a negative test, test again after 48 hours, and then again after another 48 hours if their second results are negative. Get medical advice if you think they are ill.
- Regardless of vaccination status, if your child has COVID-19, they must isolate. See CDC guidelines for how to isolate.

#### **Recommendations:**

+ For women of any age who are pregnant, breastfeeding, or trying to get pregnant, vaccines are critical for keeping moms and their babies healthy.

## WHAT TO KNOW WHEN CHILDREN ARE GETTING THE COVID-19 VACCINE



It is important for children to get vaccinated, even if they've had COVID-19.



Check if vaccines are offered for free at your state or local health department or pharmacy.



The COVID-19 vaccine is safe and effective for children.



After vaccination kids may experience: arm pain, headache, fever, or chills.



They feel better a few days after the injection.



Kids are considered up to date once they receive their final dose or doses.



Continue to wear a mask in crowded spaces and wash your hands.



Getting vaccinated helps protects kids and others from getting very sick from COVID-19!



## **BENEFITS OF VACCINATION**

- Vaccination protects children and their families from becoming seriously ill and being hospitalized.
- Vaccination decreases the number of severe and deadly COVID-19 cases in your community.
- Vaccination protects hospitals and clinicians from being overwhelmed with severely ill COVID-19 patients.
- The more vaccinated individuals in our community, the less we need to worry about new variants.

## **RISKS FOR UNVACCINATED**

- X Higher risk of COVID-19 infection.
- X Higher risk of serious infection, hospitalization, and death.
- X Higher risk of developing longterm symptoms of COVID-19 if infected.
- X Higher risk of being exposed to new forms of the virus that are more contagious and dangerous.