

# What is RSV and do you need an RSV vaccine?

RSV is a common respiratory virus that usually causes mild, cold-like symptoms. But for older adults and infants, RSV can cause disease deep in their lungs.

That's why an RSV vaccine is recommended for anyone:

- **Age 75** or older
- **Ages 60–74** with conditions such as heart or lung disease, obesity, or diabetes
- **Age 60** or older in a nursing home
- **32–36 weeks pregnant** during RSV season (September 1–January 31) to protect the baby from severe RSV disease in their first 6 months



Get started at [vaccines.gov](https://vaccines.gov)

**RISK LESS.  
DO MORE.**  
Get this season's vaccines

