

ADULTS GET VACCINATED TOO!

VACCINATIONS

COMMUNITY HEALTH CLINIC

and COVID Variants

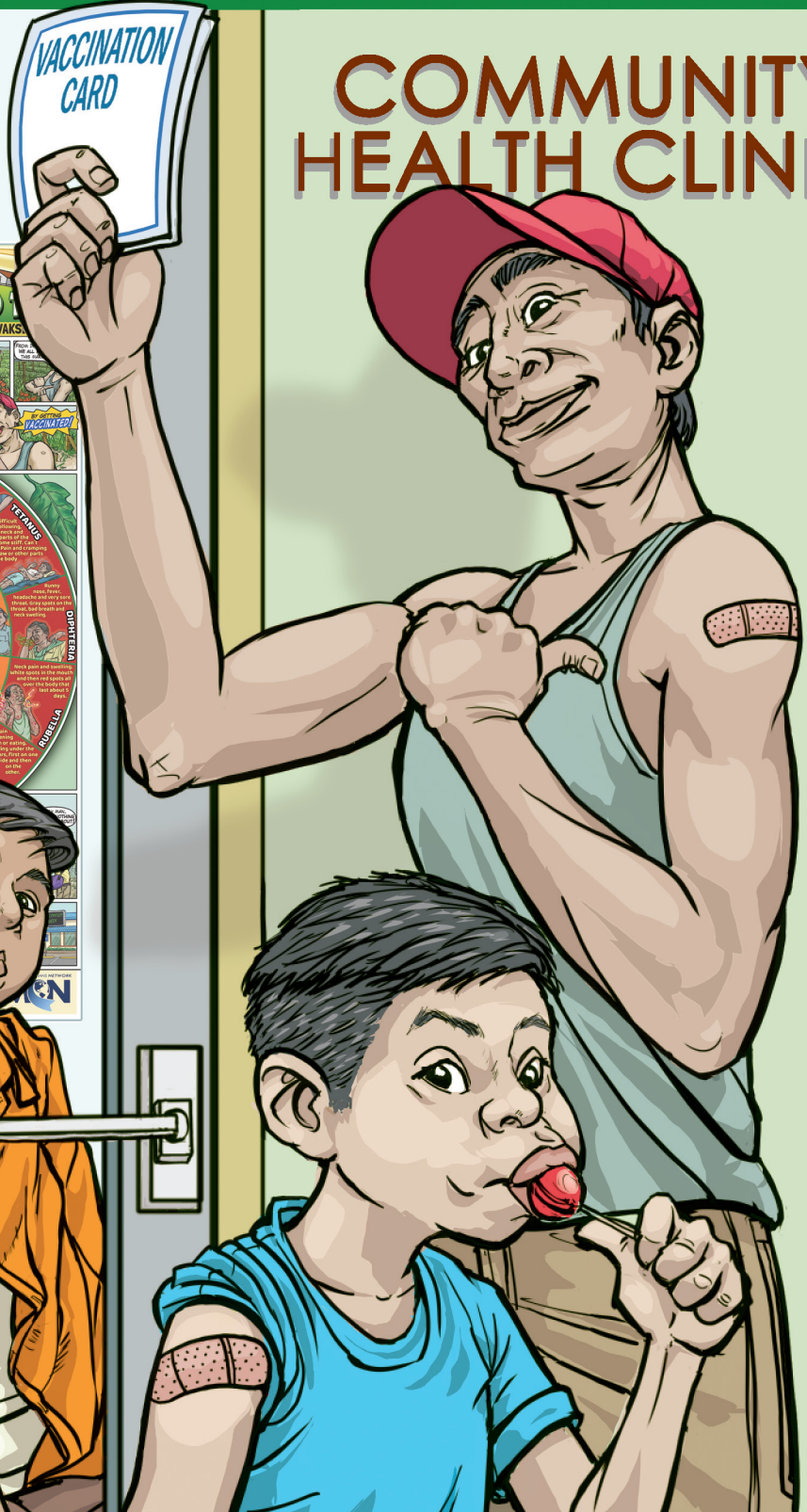
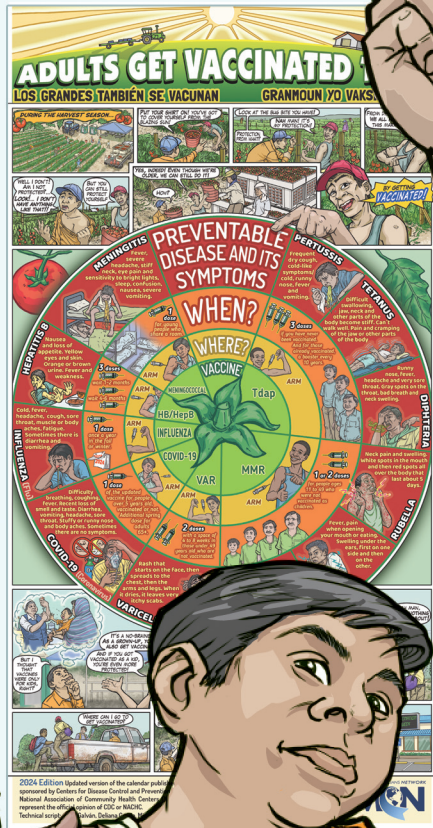


appear not as severe as
severe illness and death,
e.

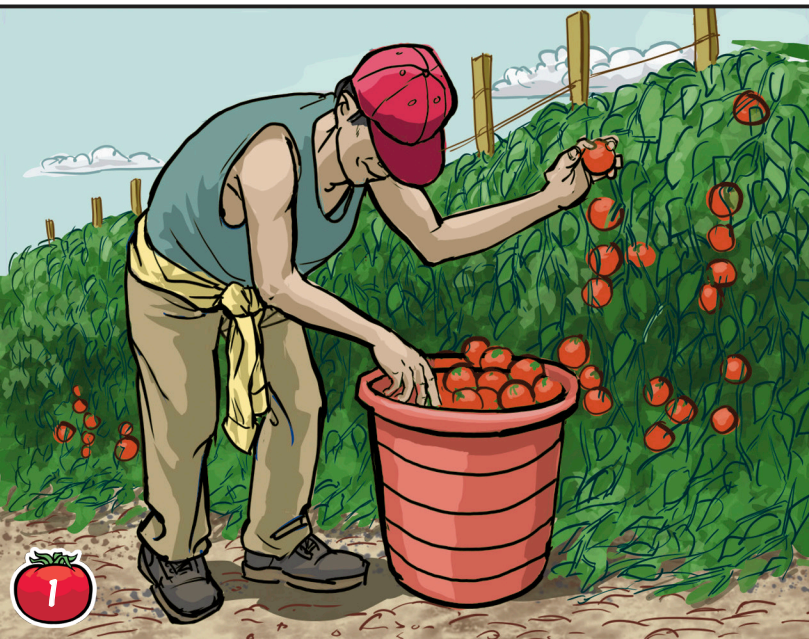
Unvaccinated
people
more
to
si

eligible
near you:

nter



IN A FIELD NOT TOO FAR AWAY, IT IS TOMATO HARVEST SEASON AND THE WORKERS ARE ABOUT TO FINISH THEIR WORK DAY....





PUT YOUR SHIRT ON!
YOU HAVE TO COVER YOURSELF FROM THE SUN.



DON'T MESS WITH THE HEAT! YOU COULD HAVE A HEAT STROKE.



DON'T YOU REMEMBER WHAT THEY CAME TO TALK TO US ABOUT?

EXTREME HEAT

FIELD OR PACKAGING WORKERS CAN SUFFER HEAT EXHAUSTION, STRESS, AND STROKE WHEN WORKING UNDER HIGH TEMPERATURES AND HUMIDITY.

SYMPTOMS



HEADACHE



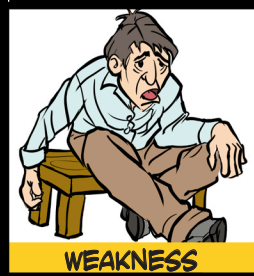
NAUSEA/VOMITING



SWEATING A LOT AND THIRST



DIZZINESS



WEAKNESS

HEAT EXHAUSTION

>37°C / >98.6°F

- FEVER
- CRAMPS
- IRRITABILITY

HEAT STRESS

>37.7°C / >100°F

- FAINTING
- HIGH FEVER
- LOW BLOOD PRESSURE



DRY/RED/HOT SKIN WITHOUT SWEATING

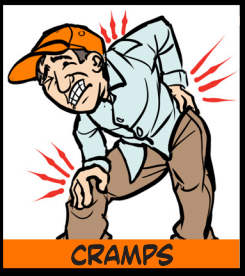


RAPID BREATHING AND QUICK HEART BEAT

HEAT STROKE

>40°C / >104°F

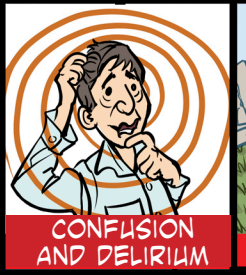
- FEVER
- COMA
- BODY SAGGING
- UNCONSCIOUSNESS



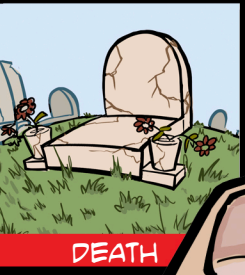
CRAMPS



SEIZURES



CONFUSION AND DELIRIUM



DEATH

HOW TO PREVENT IT

WATER



TAKE CARE OF EACH OTHER THROUGH A BUDDY SYSTEM

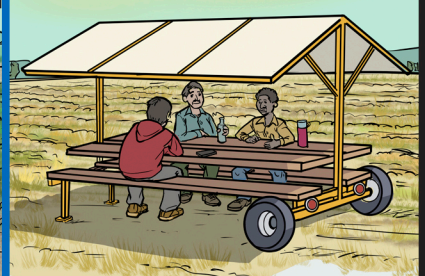
REST



SHADE

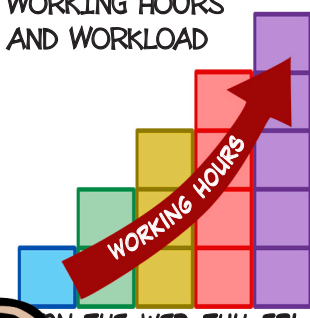


ACCLIMATIZATION TO HEAT AND WORK



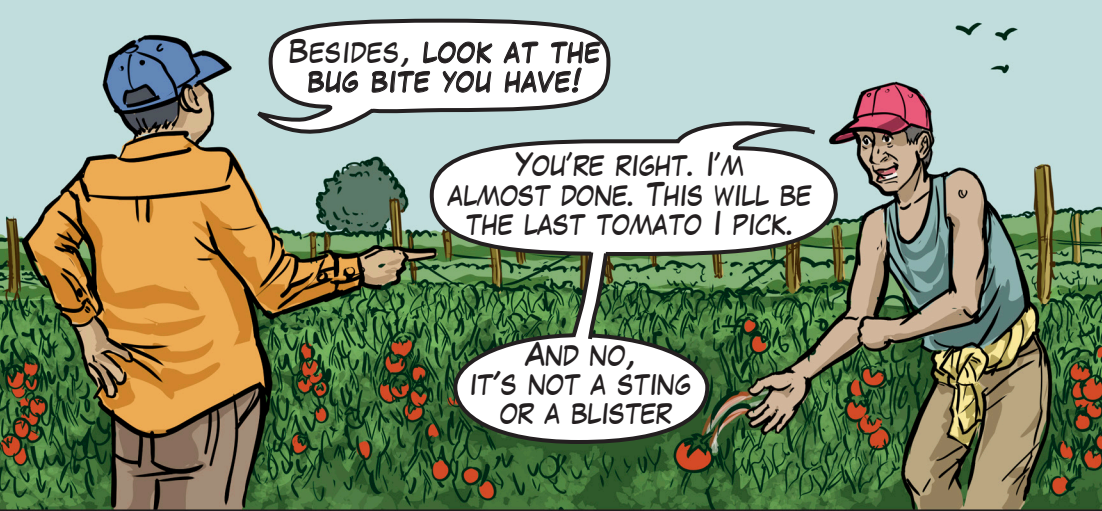
SUITABLE CLOTHING

GRADUALLY INCREASE WORKING HOURS AND WORKLOAD



ON TUE WED THU FRI





BESIDES, LOOK AT THE BUG BITE YOU HAVE!

YOU'RE RIGHT. I'M ALMOST DONE. THIS WILL BE THE LAST TOMATO I PICK.

AND NO, IT'S NOT A STING OR A BLISTER



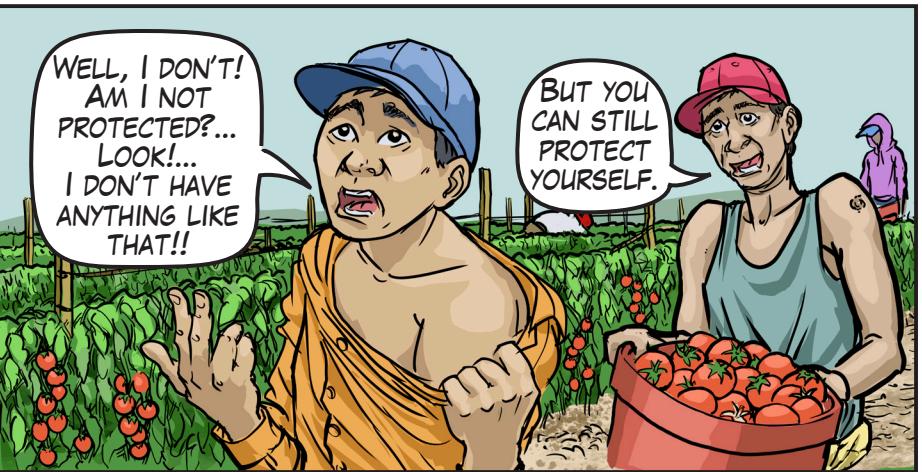
IT'S MY PROTECTION!



PROTECTION FROM WHAT?

FROM DISEASES.

WE ALL HAVE THIS MARK!

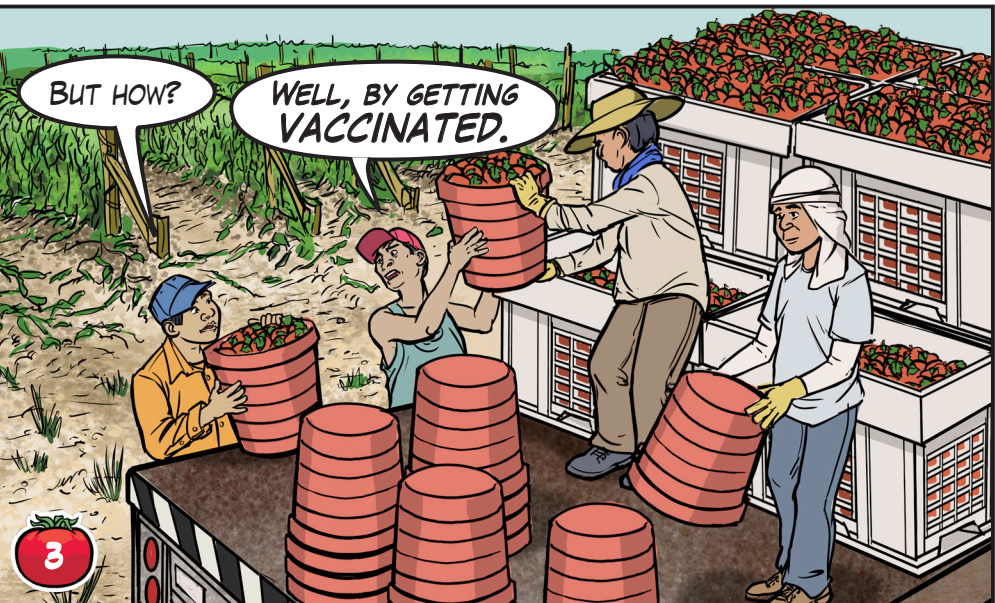


WELL, I DON'T! AM I NOT PROTECTED?... LOOK!... I DON'T HAVE ANYTHING LIKE THAT!!

BUT YOU CAN STILL PROTECT YOURSELF.

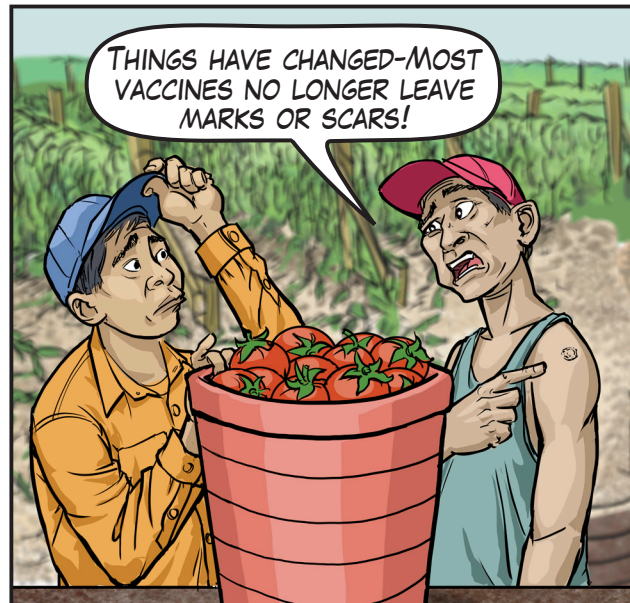


YES, INDEED! EVEN THOUGH WE'RE OLDER, WE CAN STILL DO IT!...



BUT HOW?

WELL, BY GETTING VACCINATED.

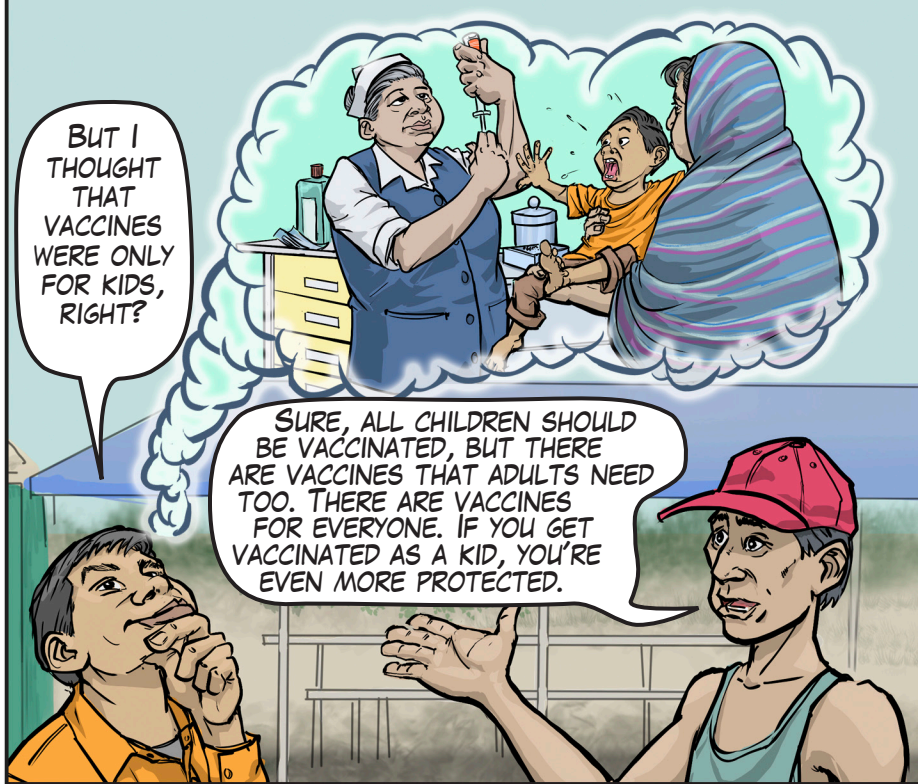


THINGS HAVE CHANGED-MOST VACCINES NO LONGER LEAVE MARKS OR SCARS!



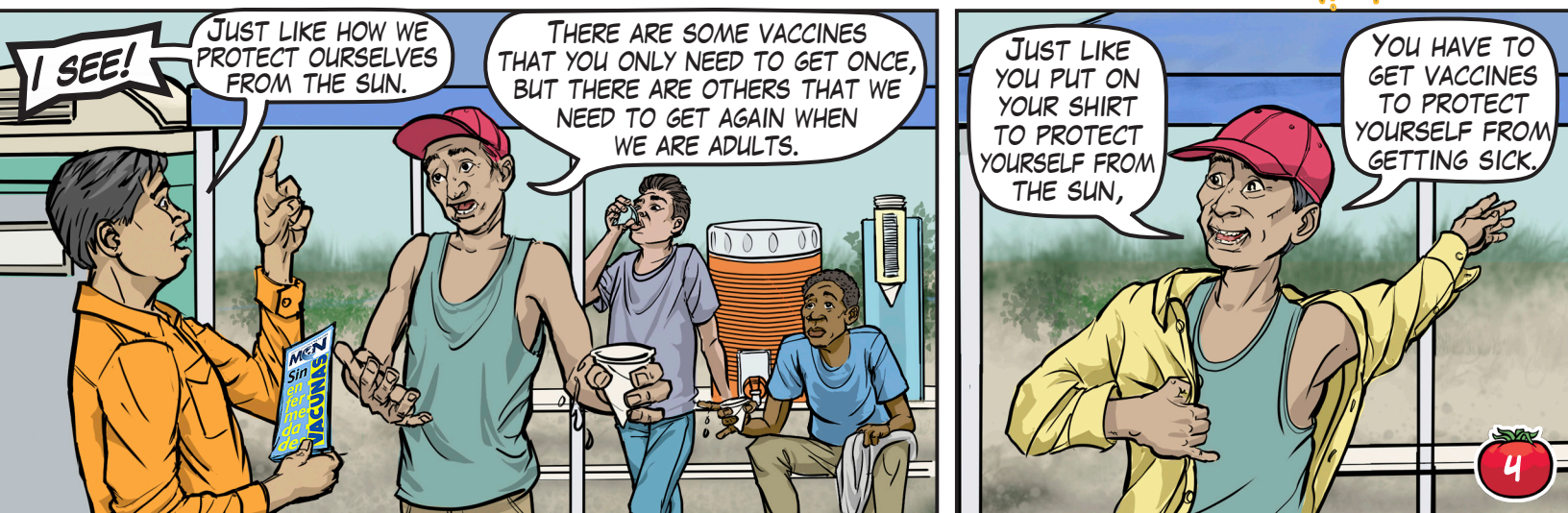
VACCINES PROTECT US FROM MANY DISEASES THAT CAN KILL US.

LOOK!



BUT I THOUGHT THAT VACCINES WERE ONLY FOR KIDS, RIGHT?

SURE, ALL CHILDREN SHOULD BE VACCINATED, BUT THERE ARE VACCINES THAT ADULTS NEED TOO. THERE ARE VACCINES FOR EVERYONE. IF YOU GET VACCINATED AS A KID, YOU'RE EVEN MORE PROTECTED.



I SEE!

JUST LIKE HOW WE PROTECT OURSELVES FROM THE SUN.

THERE ARE SOME VACCINES THAT YOU ONLY NEED TO GET ONCE, BUT THERE ARE OTHERS THAT WE NEED TO GET AGAIN WHEN WE ARE ADULTS.

JUST LIKE YOU PUT ON YOUR SHIRT TO PROTECT YOURSELF FROM THE SUN,

YOU HAVE TO GET VACCINES TO PROTECT YOURSELF FROM GETTING SICK.



VACCINES FOR ADULTS

VACCINE: **HB or HepB**

DISEASE:
HEPATITIS B

SYMPTOMS:

WHEN?

ADULTS **3** doses

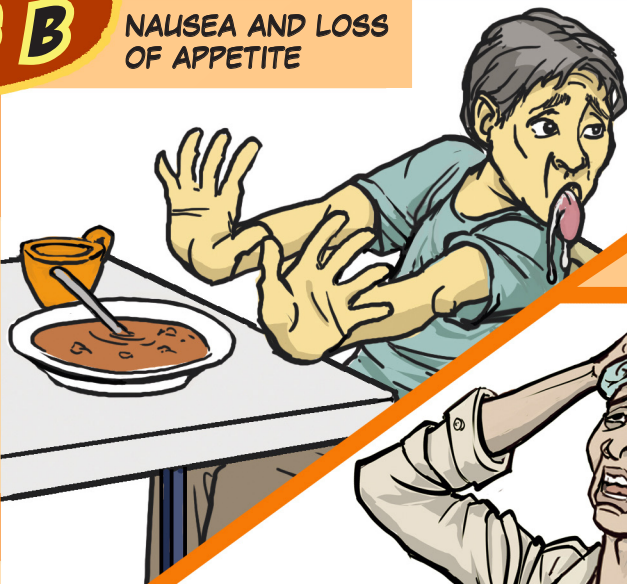
wait 1-2 months

wait 4-6 months

WHERE?

ARM

NAUSEA AND LOSS OF APPETITE



YELLOW EYES AND SKIN



ORANGE OR BROWN URINE



FEVER AND WEAKNESS



DISEASE:
MENINGITIS

VACCINE: **MENINGOCOCCAL**

SYMPTOMS:

WHEN?

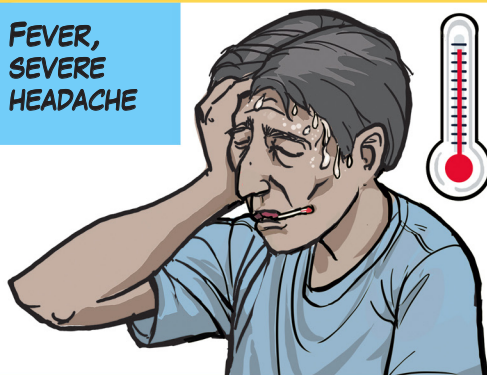
1 dose

for young people who share a bedroom

WHERE?

ARM

FEVER, SEVERE HEADACHE



EYE PAIN AND SENSITIVITY TO BRIGHT LIGHTS



NAUSEA, SEVERE VOMITING



SLEEP, CONFUSION



STIFF NECK



DISEASE:
VARICELLA
(CHICKEN POX)

VACCINE: **VAR**

SYMPTOMS:



WHEN?



with a space of 4 to 8 weeks in those under 49 years old who are not vaccinated

WHERE?

ARM



RASH THAT STARTS ON THE FACE, CONTINUES THE CHEST, AND ENDS ON THE ARMS AND LEGS. WHEN IT DRIES, IT LEAVES VERY ITCHY SCABS.

DISEASE:
INFLUENZA
(FLU)

VACCINE: **INFLUENZA**

SYMPTOMS:

WHEN?

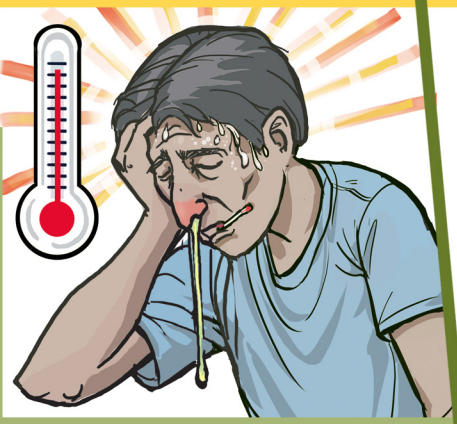


once a year in the fall or winter



WHERE?

ARM



COLD, FEVER, HEADACHE



MUSCLE OR BODY ACHES

SOMETIMES THERE IS DIARRHEA AND VOMITING



FATIGUE



SORE THROAT, COUGH



PLUS THESE OTHERS:

DISEASE: TETANUS

VACCINE: Tdap

SYMPTOMS:

WHEN?

CAN'T WALK WELL

DIFFICULT SWALLOWING

JAW, NECK AND OTHER PARTS OF THE BODY BECOME STIFF

PAIN AND CRAMPING OF THE JAW OR OTHER PARTS OF THE BODY

3 doses

3 doses if you have never been vaccinated. And for those already vaccinated, a booster every 10 years

DISEASE: DIPHTHERIA

SYMPTOMS:

GRAY SPOTS ON THE THROAT

RUNNY NOSE, FEVER

NECK SWELLING

BAD BREATH, HEADACHE AND VERY SORE THROAT

WHERE?

ARM

7

DISEASE: PERTUSSIS

SYMPTOMS:

FEVER AND VOMITING

FREQUENT DRY COUGH

COLD-LIKE SYMPTOMS/ COLD, RUNNY NOSE



THAT'S TRUE

VACCINE:

MMR



DISEASE:

MEASLES

SYMPTOMS:



PAINFUL RED DOTS IN THE MOUTH



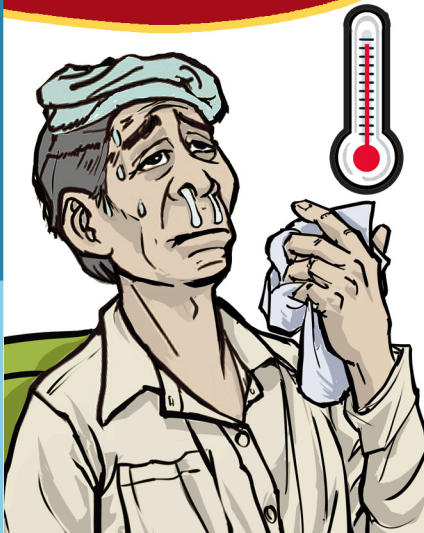
COUGH, RED RASH ALL OVER THE BODY

WHEN?



1 or 2 doses

For people ages 11 to 49 who were not vaccinated as children



RUNNY NOSE / COLD / COLD-LIKE SYMPTOMS OR FEVER



DIARRHEA

DISEASE:

MUMPS

SYMPTOMS:



FEVER



PAIN WHEN OPENING YOUR MOUTH OR EATING



SWELLING UNDER THE EARS, FIRST ON ONE SIDE AND THEN ON THE OTHER

DISEASE:

RUBELLA

SYMPTOMS:

WHERE?

ARM



NECK PAIN AND SWELLING



WHITE SPOTS IN THE MOUTH AND THEN RED SPOTS ALL OVER THE BODY THAT LAST ABOUT 5 DAYS



AND THIS IS THE MOST RECENT...
DISEASE:
COVID-19



THE COVID-19 VACCINE IS AVAILABLE

VACCINE AND DOSAGE

VACCINE: COVID-19

SYMPTOMS:

ASK YOUR HEALTHCARE PROVIDER!
 SOME STATES HAVE DIFFERENT RECOMMENDATIONS

	All children 6-23 months	1 dose
	Children 2-17 years old with risk factors or if parents desire vaccination	

TALK TO YOUR HEALTHCARE PROVIDER IF YOU HAVE QUESTIONS


	Pregnancy At any point in pregnancy	1 dose
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	Adults 18-50 years	1 dose
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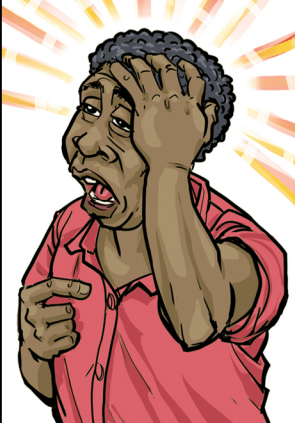
	Adults 50+ years	1 dose
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MOST PEOPLE WHO GO TO THE HOSPITAL OR DIE FROM COVID DID NOT HAVE THE VACCINE.


PROTECT YOURSELF WITH THE VACCINE, SO YOU WON'T NEED TO GO TO THE HOSPITAL OR DIE!




FEVER



HEADACHES




DIFFICULTY BREATHING (SHORTNESS OF BREATH)



CHILLS



COUGHING



NAUSEA, VOMITING




DIARRHEA



SORE THROAT



FATIGUE



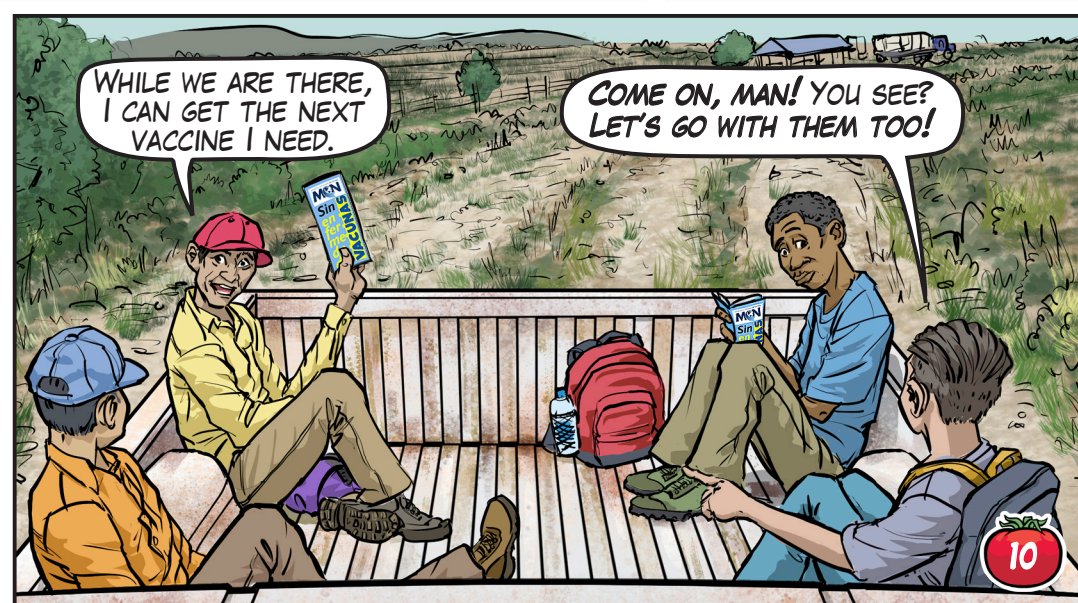
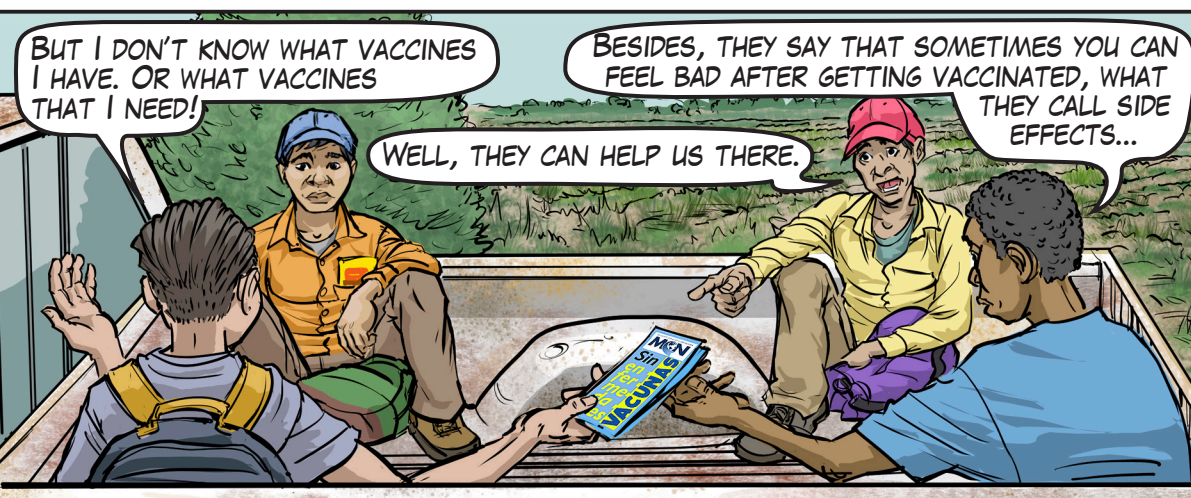
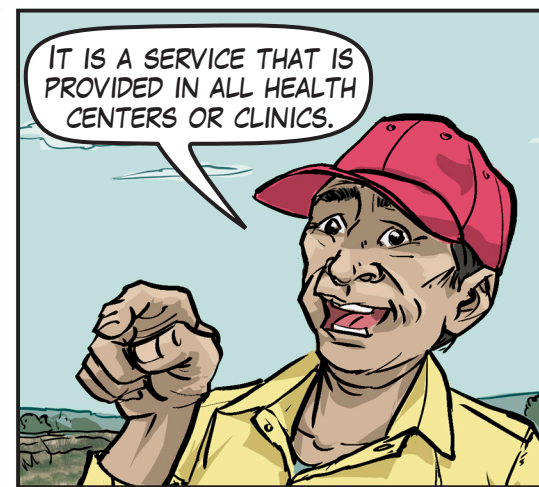
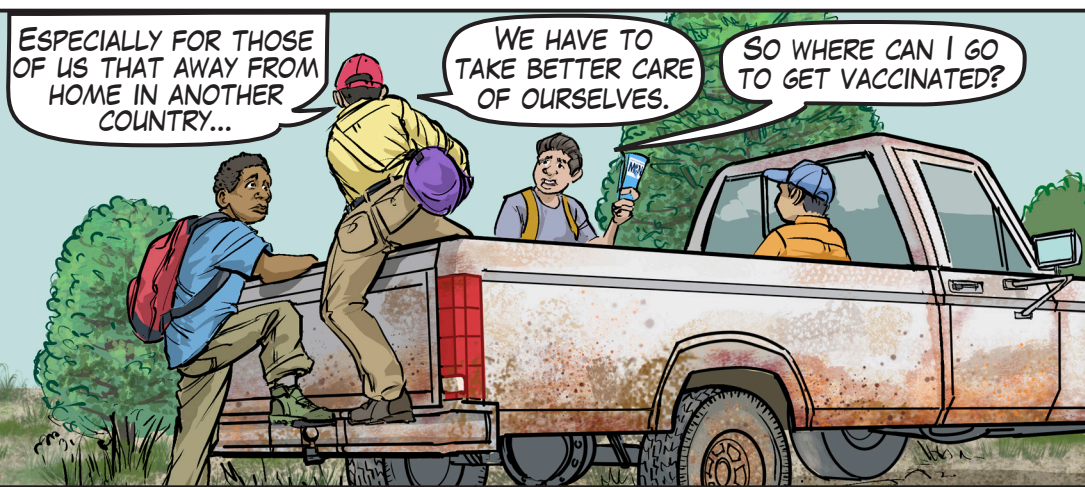
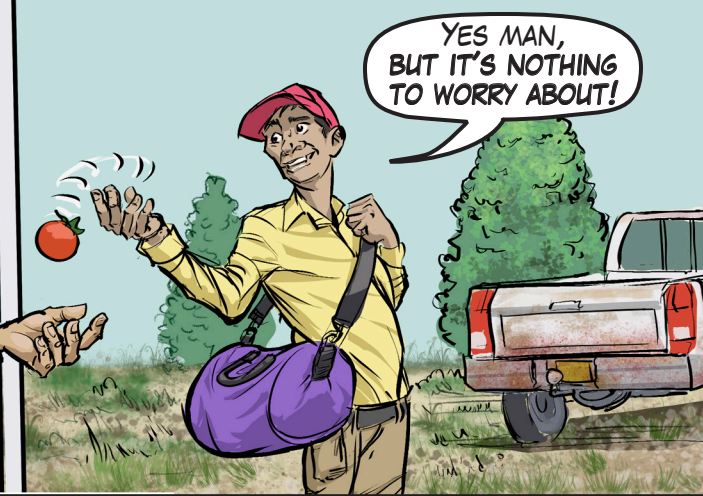
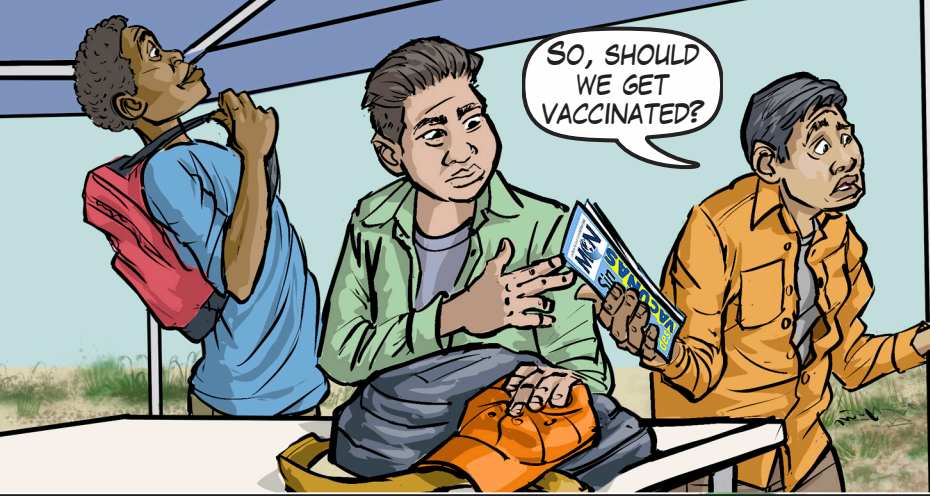
MUSCLE PAIN AND BODY ACHES

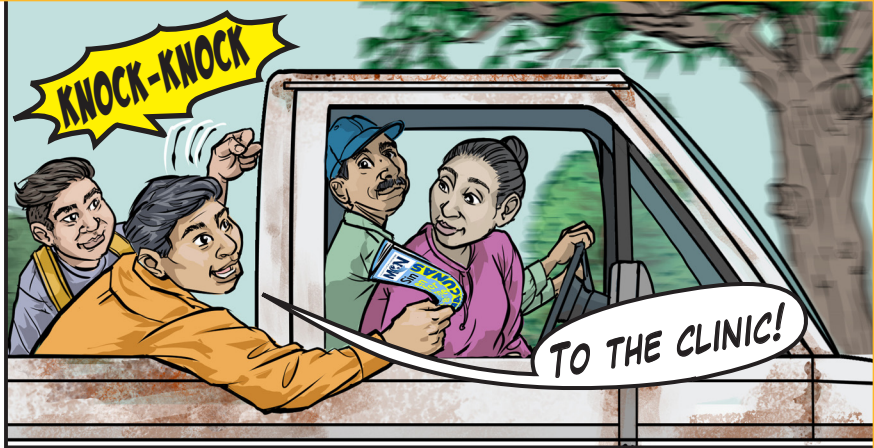
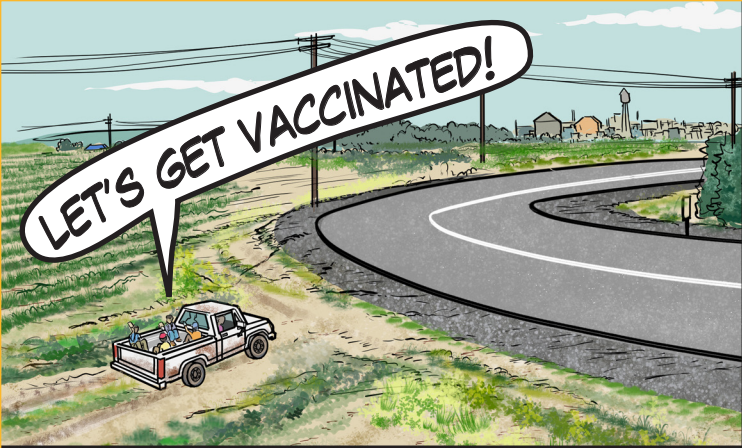


RECENT LOSS OF SMELL OR TASTE



STUFFY OR RUNNY NOSE





AND THEY CAME TO THE CLINIC CONVINCED THAT ADULTS GET VACCINATED TOO!

NEAREST CLINIC

ADDRESS

PHONE

CONTACT PERSON

