



I'm a close contact of someone who has tested positive for COVID-19. Now what?

This timeline is for everyone, even if you are vaccinated.

Day 0



The Day You Were Exposed

Wear a mask or respirator (like a N95) for **10 days**.

Day 6



Take a COVID Test at Home

If you test negative and you don't have symptoms, test again 48 hours later.

Continue to wear your mask.

If you test positive, isolate immediately!
You have COVID.

Day 8



Take a COVID Test at Home

If you test negative and you don't have symptoms, test again 48 hours later.

Continue to wear your mask.

If you test positive, isolate immediately!
You have COVID.

Day 10



Take a COVID Test at Home

If you test negative and you don't have symptoms, you don't need to test again.

If you test positive, isolate immediately!
You have COVID.