How it affected me...
During COVID I was very stressed because my family members have health problems and I was worried about them getting sick and passing.

How my life was...
Before COVID my life was fun and I could do things without a mask and just have fun with friends.

Time with Family...
My time with my family was fun but I had to be aware of what I did so my family did not get COVID. I had to make sure to wear a mask in public and around others.

LEARN MORE!
You can find more information on COVID-19 and available vaccines at:

www.cdc.gov/coronavirus

This poster was created in collaboration with Migrant Clinicians Network, Promotores Outreach Program, and the CDC Foundation.