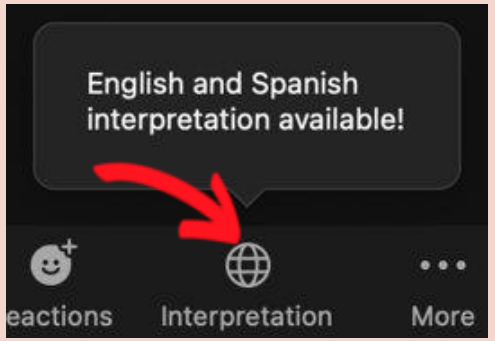
Building capacity in community-based organizations to strengthen the Response to the COVID-19 pandemic in underserved communities

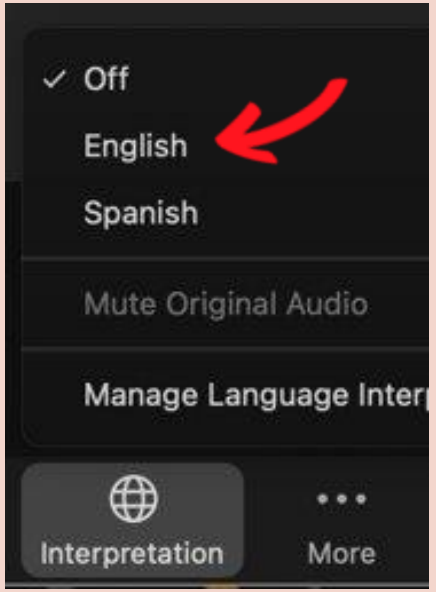
Learning Collaborative

May 4, 2023

Using Zoom Interpretation Function

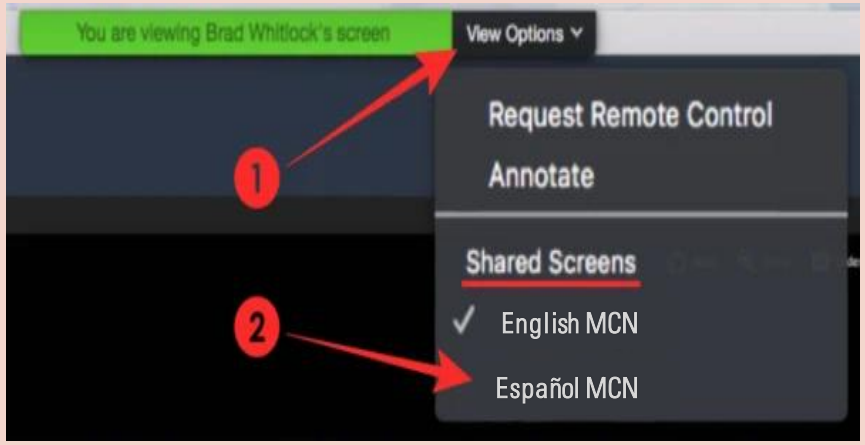
- Find the globe icon at the bottom of your Zoom screen
- If using the Zoom app on your phone, look for the "more" option and "language interpretation"
- Click the globe and select "English"

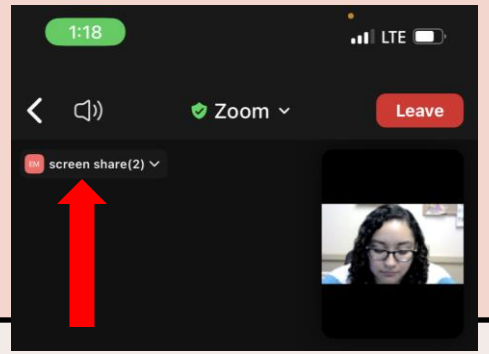


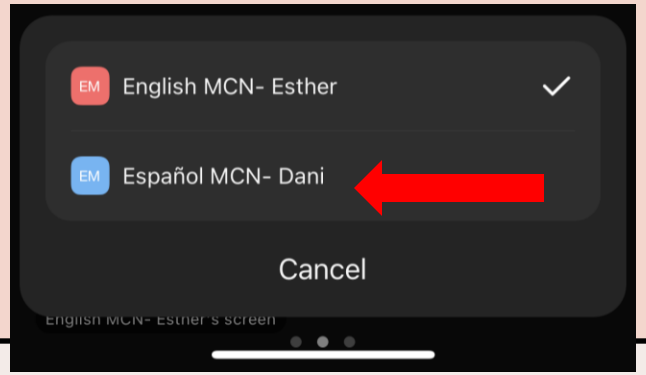


Selecting your preferred viewing screen in Zoom

- At the top (center) of your screen you will click the “View Options” tab
- In the drop-down menu, please select the desired screen
- On a smart phone click the screen share tab on the left side and select your desired viewing screen







Today's Agenda

Session Pulse Check Overview

COVID-19 Clinical Updates

Questions and Answers

Activity: Breakout Groups

Session Pulse Check

Complete a session check and close out

Session Pulse Check

Building Capacity in Communities to Strengthen the Response to the COVID-19 Pandemic (Session 2)

Evaluation Results

Total number of participants= 11
Total number of evaluations: 8 (73%)

The learning objectives of this webinar, are, the participants will be able to:

1.Identify resources and needs in the community to develop a culturally competent community-based campaign.

2.Recognize tools developed by MCN to implement a culturally competent community-based campaign.

3.Identify educational resources and materials for their work against COVID-19 in migrant and immigrant communities.

Figure 2: Overall, how satisfied are you with this webinar

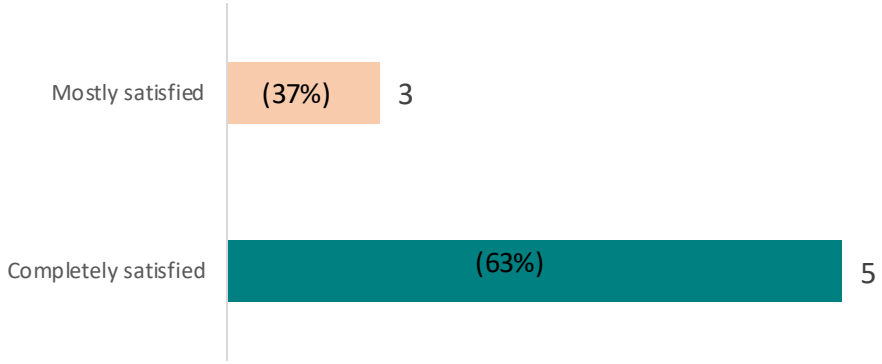


Figure 1: How well the webinar met all the stated learning objectives?

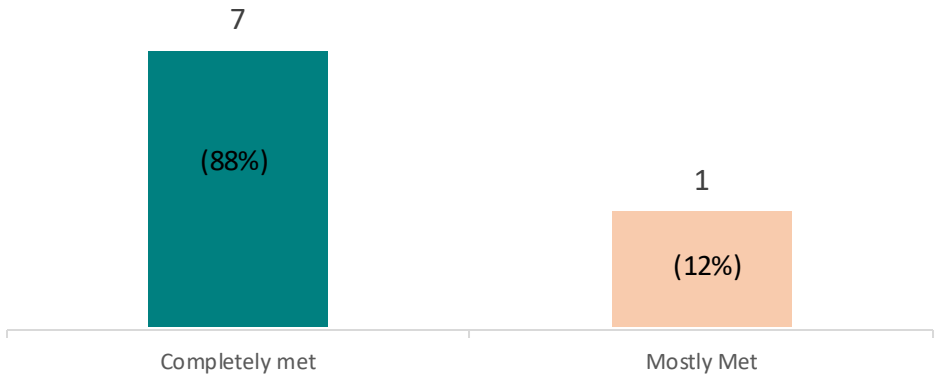
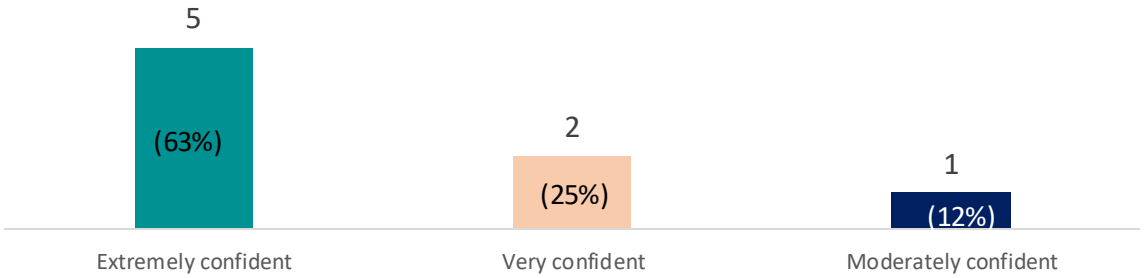


Figure 3: How confident are you that you will be able to apply information from this webinar at your health center or organization?



Evaluation Results

Total number of participants= 11
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Figure #4: Based on your level of knowledge prior to this session, how would you rate changes to your knowledge as a result of this webinar?

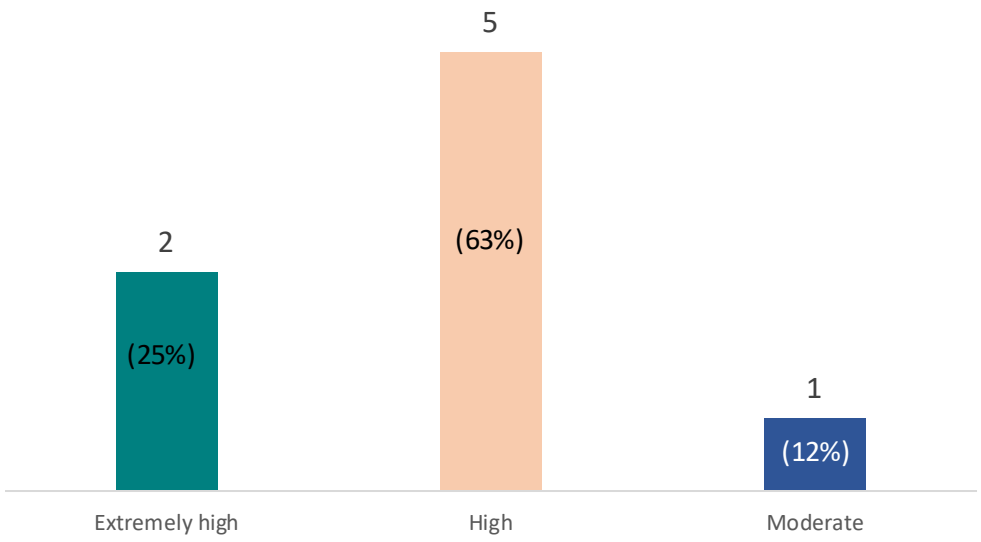
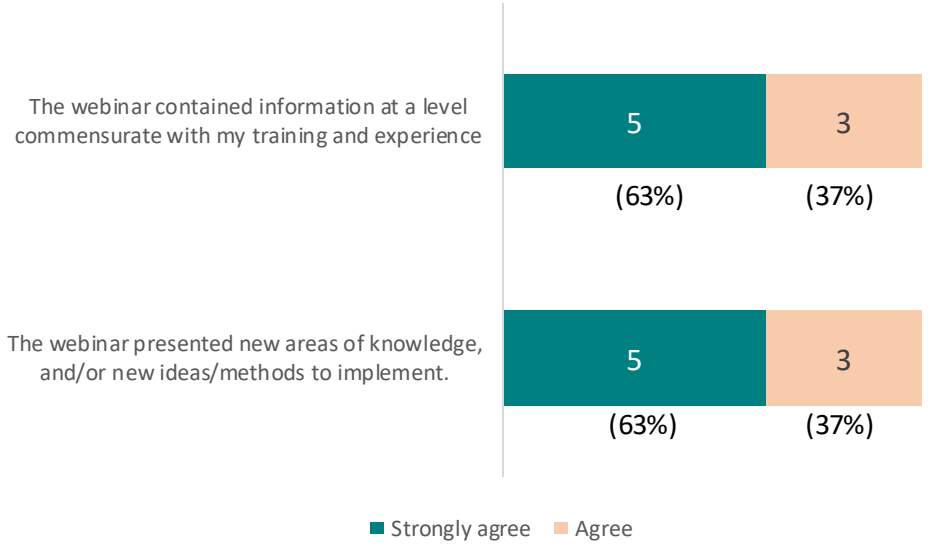


Figure #5: Please indicate your level of agreement with the following statements:



What you learned:

Different options for vaccination campaigns

Where to obtain material and how to create content when developing material

I was not aware of the "Vaccination Is.." campaign as someone new to public health. I appreciate how these resources are editable and may be tailored to organization's needs.

Editable materials, available in Spanish, by age

How to easily make posts for health campaigns.

Need assesment

Challenges

- COVID fatigue
- How to continue to share COVID materials in a way that communities can relate to
- Printing materials
- Being able to reach more people.

Other topics to address in the next session

Covid side effects

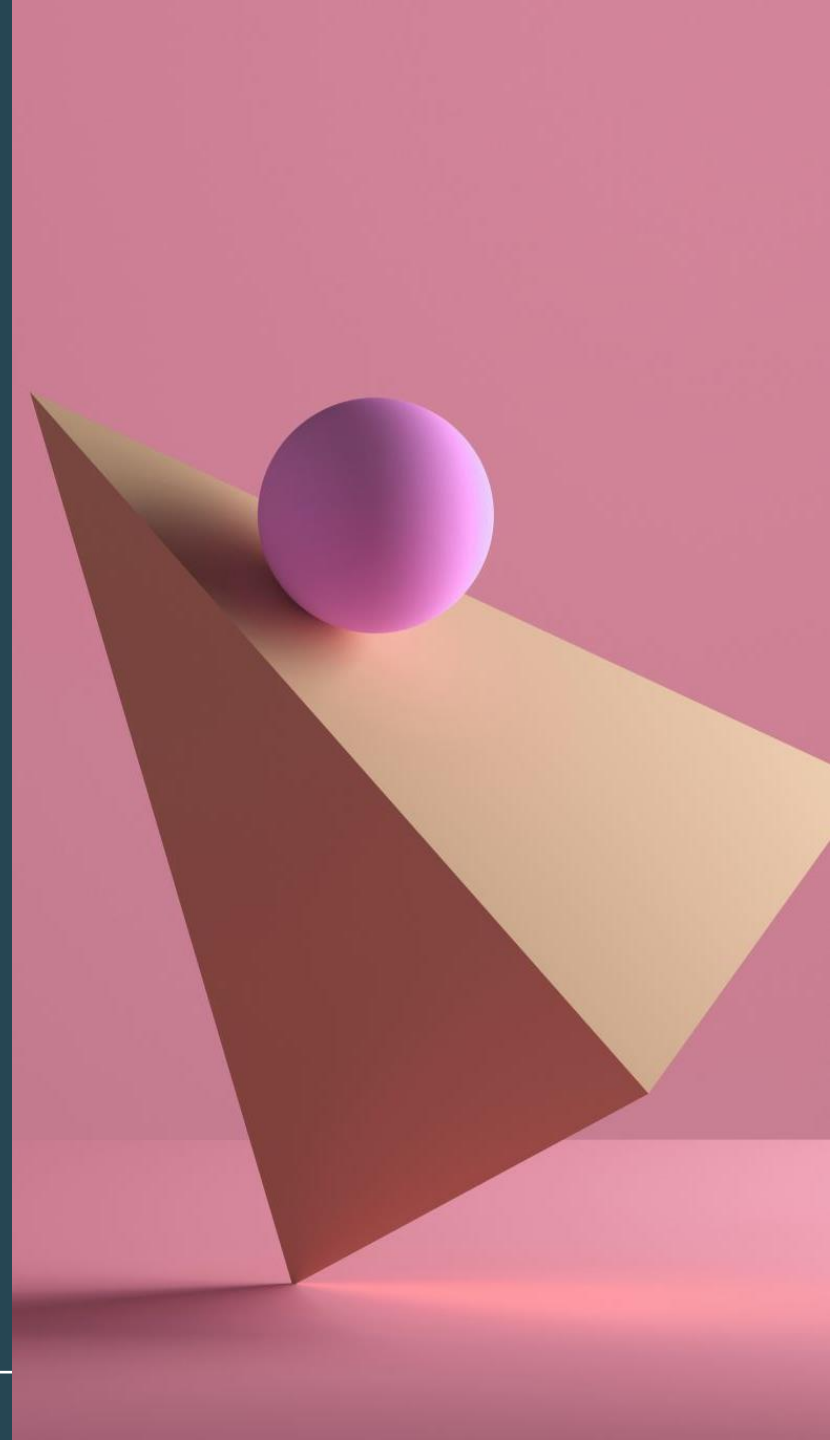
How to create advisory committees to gather feedback on campaign and outreach efforts

Learning Objectives

1. Identify the risk factors, symptoms, and challenges associated with Long COVID and post-COVID conditions and their impacts on vulnerable populations

2. Analyze the social and structural drivers of health that contribute to enhanced vulnerabilities of underserved communities to COVID-19 and Long COVID

3. Identify challenges and successful strategies needed for implementing effective COVID-19 campaigns in our communities



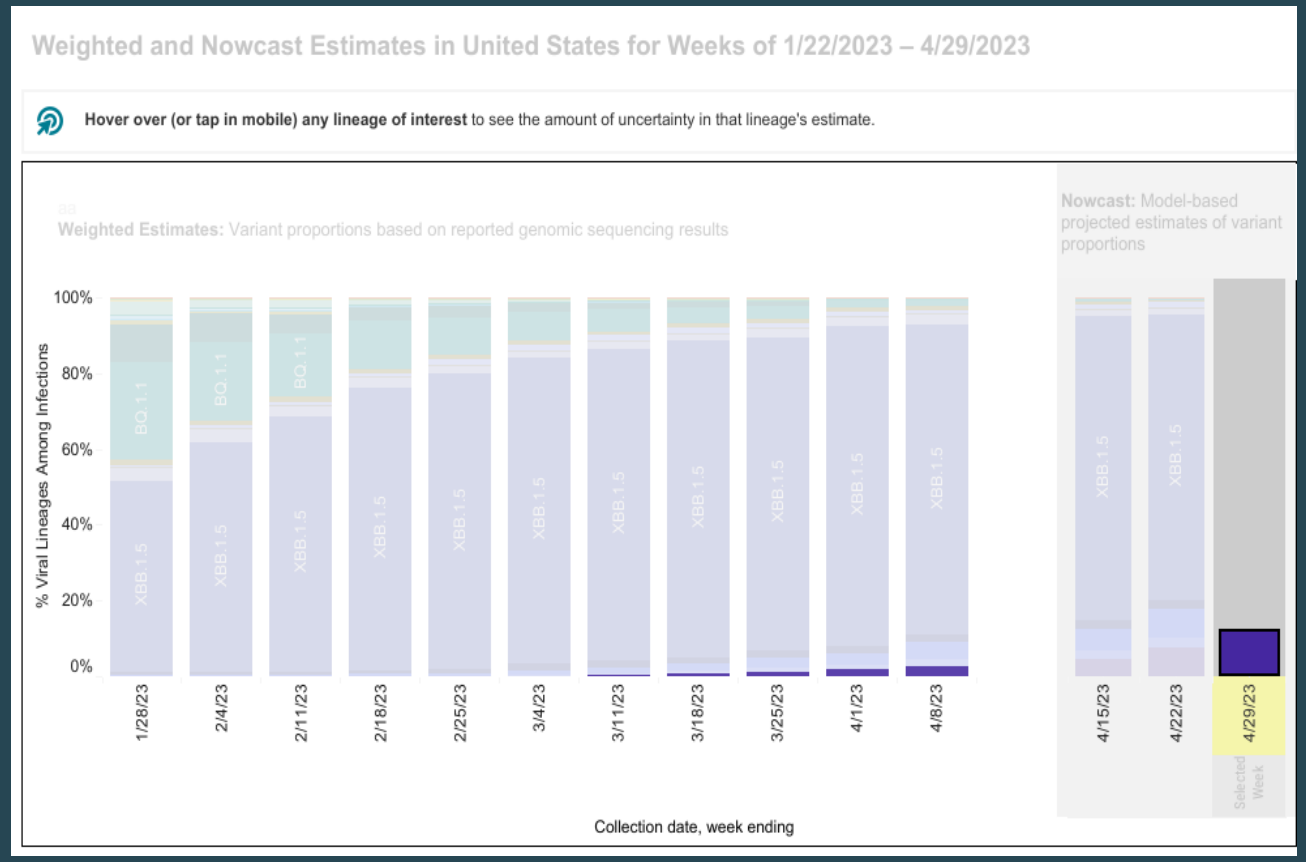
COVID-19 Clinical Updates

Laszlo Madaras, MD, MPH, FAAFP, SFHM
Chief Medical Officer

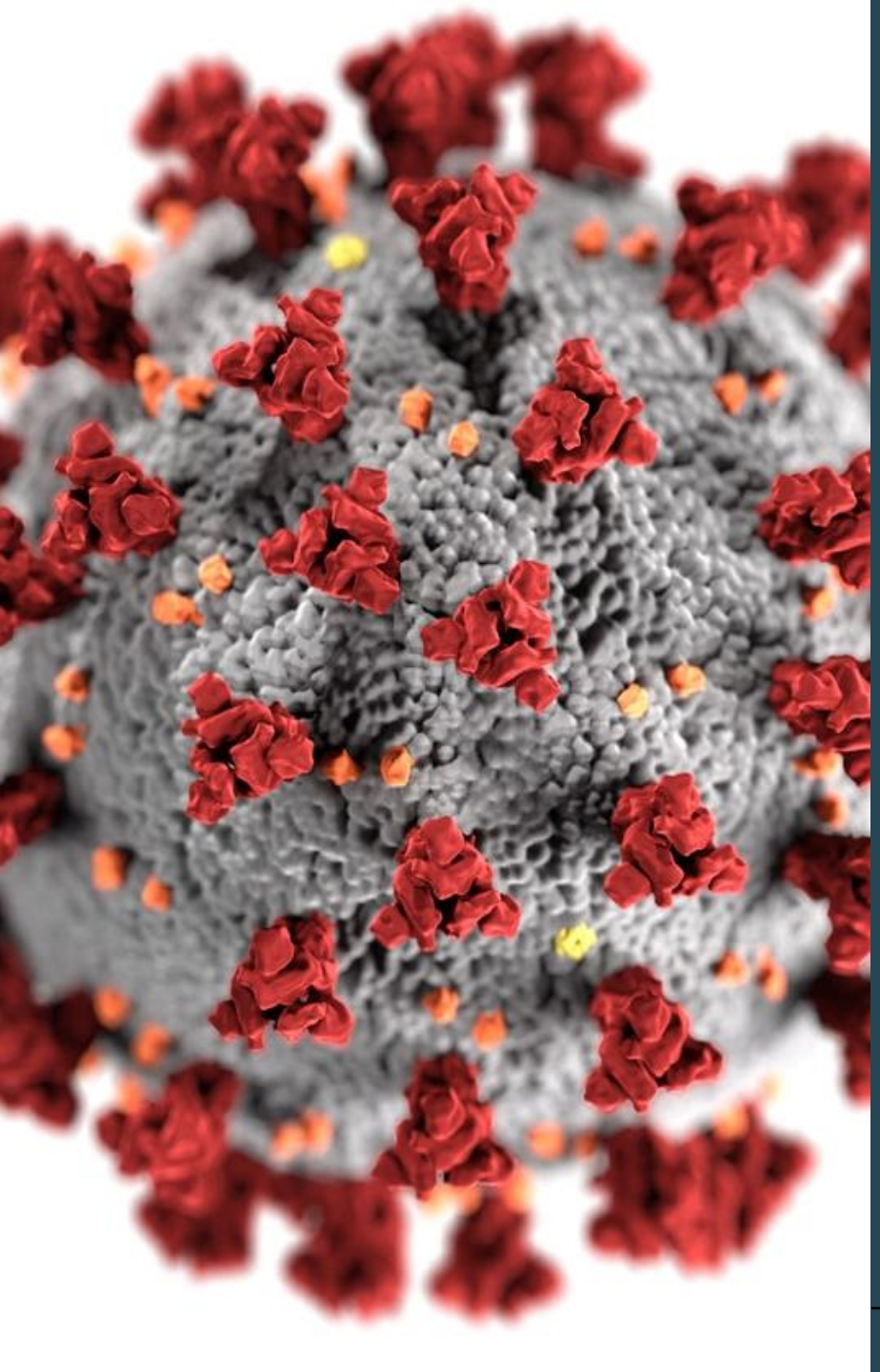
Amy Liebman, MPA, MA
Chief Program Officer, Workers, Environment and Climate

New Subvariant- Arcturus

- Omicron subvariant XBB. 1.16
- First detected in January 2023
- Now being documented in 29 countries
- Becoming more prevalent in the US with almost 12% of cases
- Has the potential to spread faster but there is no indication that it will be more severe



Source: CDC

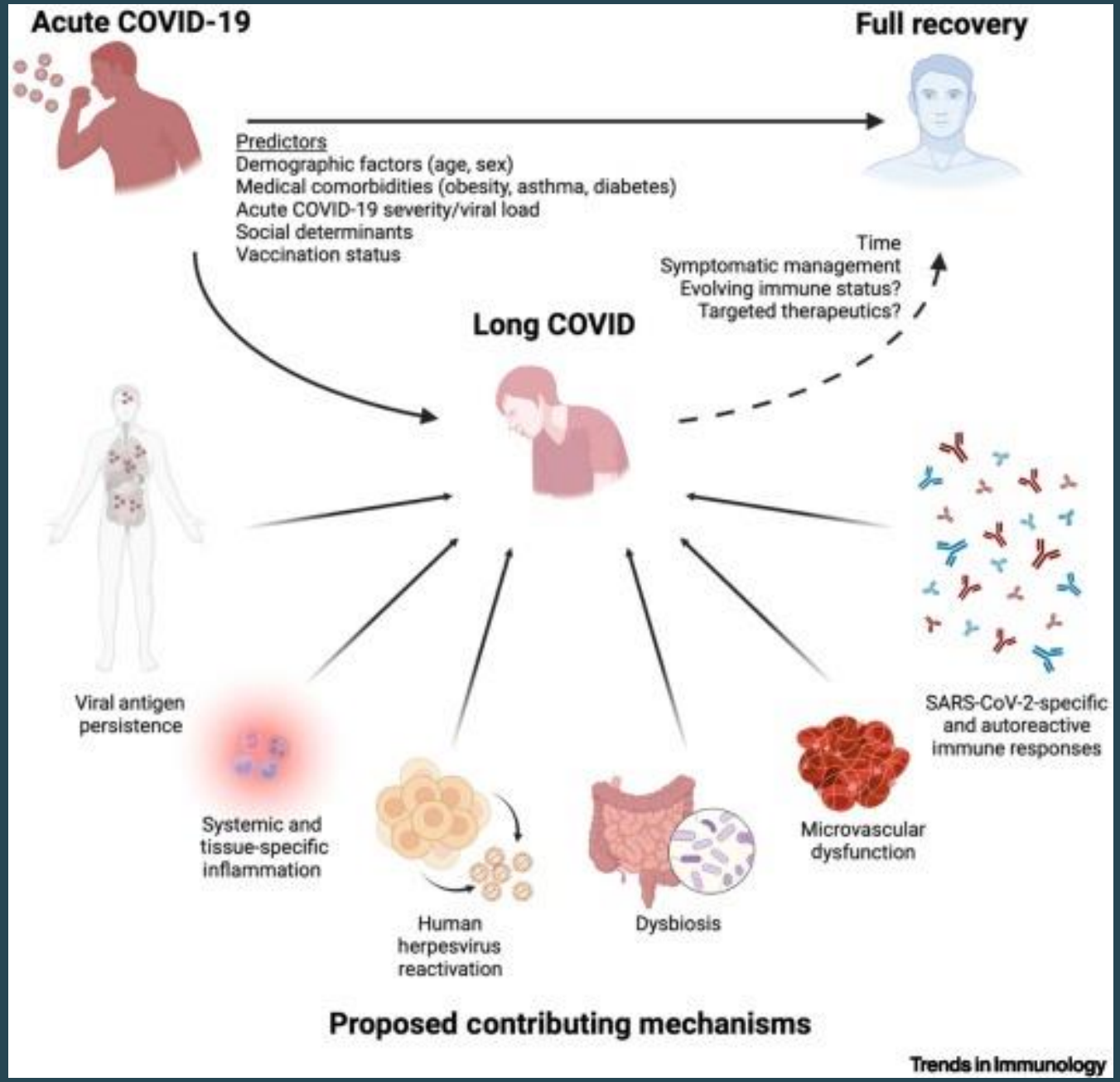


Long COVID

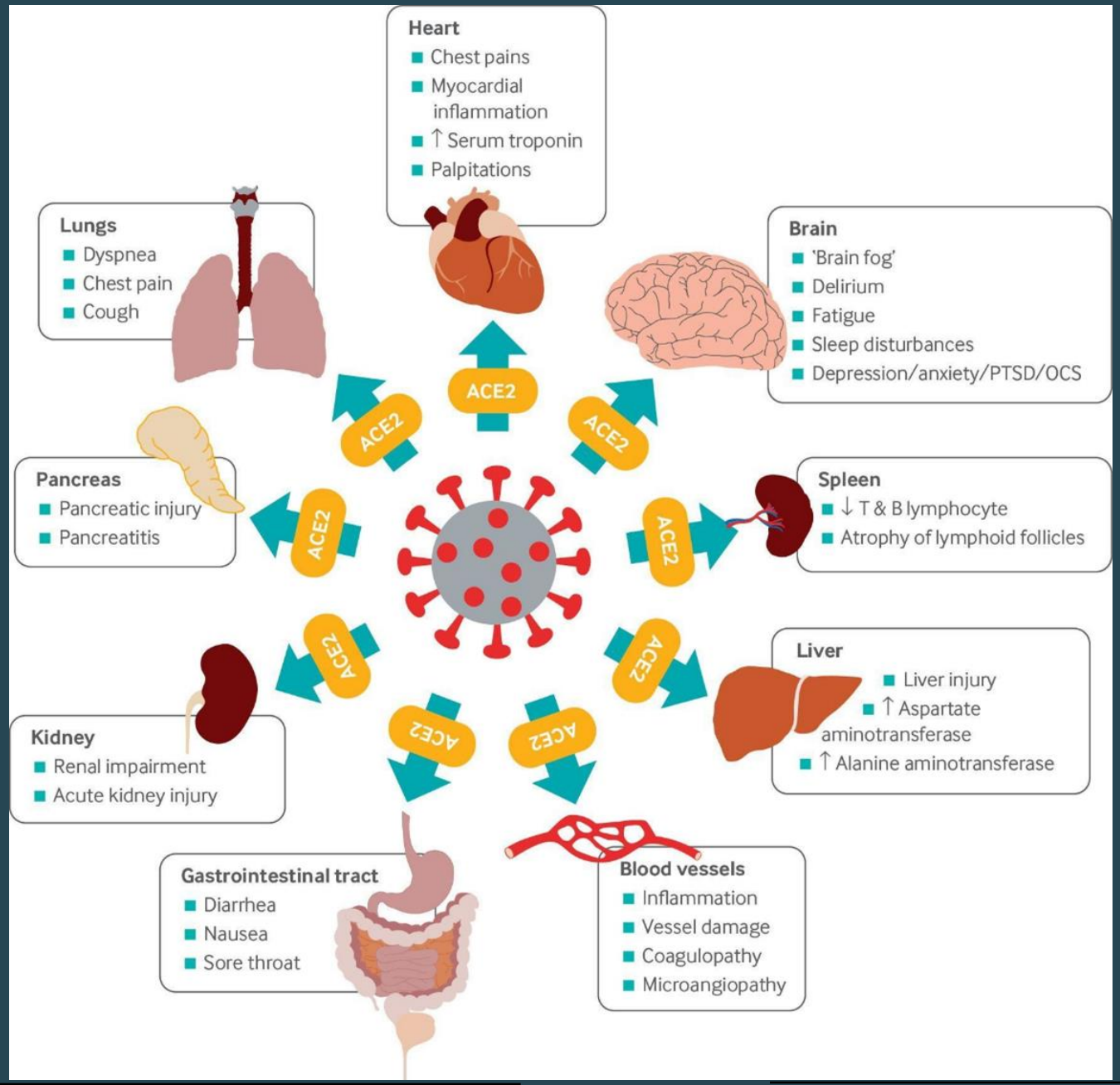
- The World Health Organization's defines symptoms lasting 8 weeks or more in people who have recovered from COVID-19
- 1 in 10 people with COVID-19 experience symptoms lasting 12 weeks or more
- Long COVID is a multi-system condition, with symptoms affecting different parts of the body
- Can affect people who had mild or asymptomatic infection

Symptoms

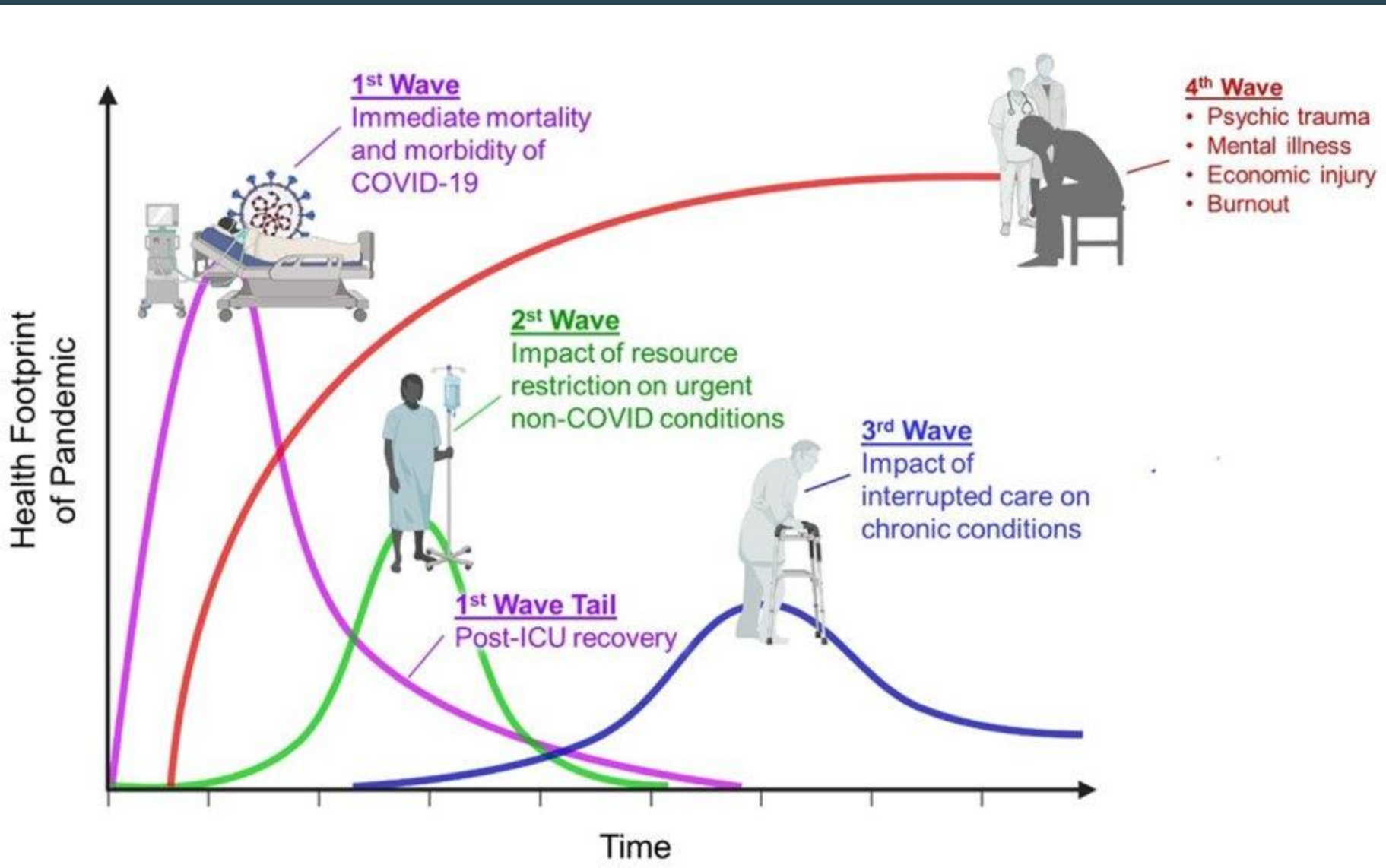
- Fatigue and weakness
- Shortness of breath
- Chest pain or tightness
- Muscle or joint pain
- Headaches
- Difficulty concentrating or "brain fog"
- Insomnia or other sleep disturbances
- Loss of taste or smell
- Heart palpitations or irregular heartbeat
- Gastrointestinal symptoms such as nausea, vomiting, or diarrhea
- Skin rashes or lesions



https://doi.org/10.1016/j.it.2022.02.008



Coronavirus: How many people go on to have long COVID? | World Economic Forum (weforum.org)



Source: Victor Tseng @VectorSting

Who is at risk?

- Anyone who has been infected with COVID-19 can potentially develop Long COVID
- High risk factors
  - Age
  - Gender
  - Pre-existing medical conditions
  - Immunocompromised
  - Severity of initial covid infection
- Increased risk of respiratory complications in immigrant and migrant worker communities
  - Work environment
  - Work hazards (poor ventilation)
  - Poor living conditions

What are the causes?

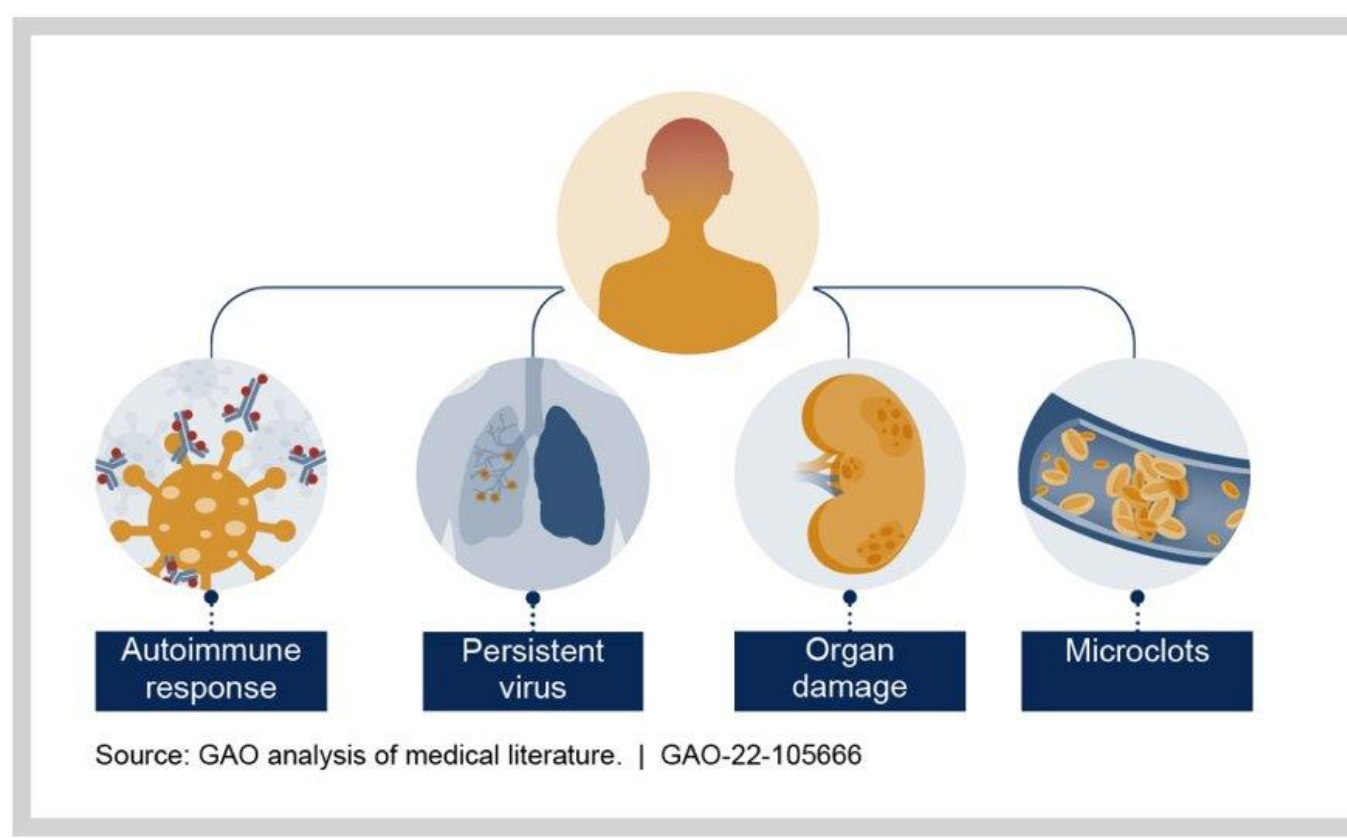


Figure 2. Some possible causes of long COVID as suggested by researchers.

How is it diagnosed and treated?

- Challenging to diagnose Long COVID
- Symptoms vary widely from person to person
- Still new and we are still uncovering more
- There is no specific test
- Vulnerable populations face barriers
    - Language
    - Limited healthcare access
    - Cultural factors and stigma surrounding illness
    - Economic factors

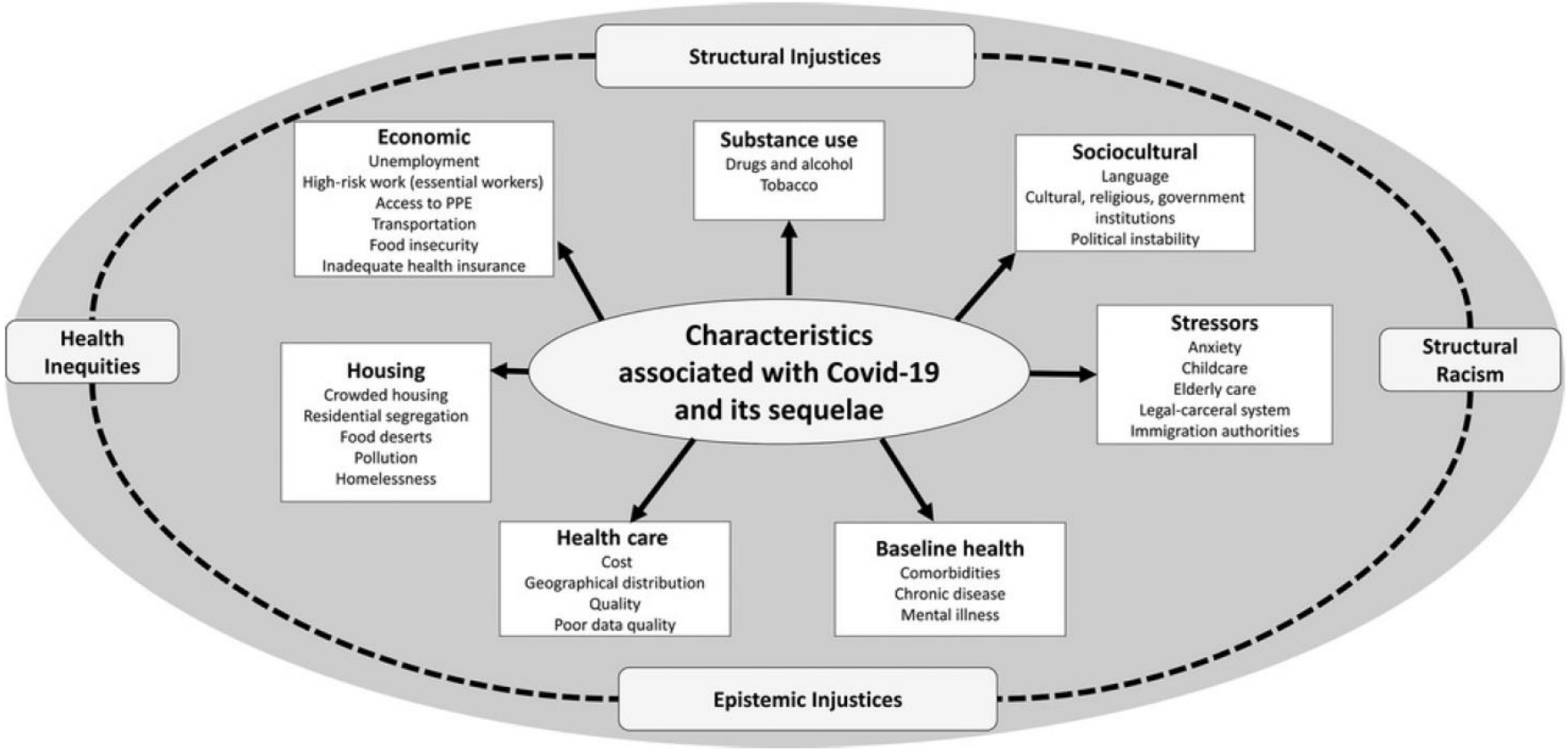


FIGURE 6-3 Characteristics associated with COVID-19 and Long COVID.
SOURCE: Republished with permission of John Wiley & Sons, from Berger et al., 2021, p. 523, in Zackary Berger presentation, March 22, 2022.

Long-term risk associated with Covid-19

- Heart disease and stroke
- Increased new-onset diabetes
- Baby boys born to mothers with COVID-19 during pregnancy more likely to have subtle delays in brain development

We **cannot** cure Long COVID, but we **can** manage symptoms with…

Medication

Physical therapy

Cognitive-behavioral therapy

Exercise

Stress reduction

What can we do to prevent Long COVID?

Prevention is our best defense!

- Avoid those infected with COVID-19
- Stay home if sick to protect others
- Masking /Respiratory Protection
- Ventilation
- Social distancing
- Vaccination and remaining up-to-date

“Essential” workers

- Farm workers, Meat, Chicken and Seafood processors, Dairy workers
- Lack of paid sick leave
- Limited infectious disease mitigation
  - Workplace housing and
  - Housing
  - Transporation
- Lack of PPE

Chart Documentation Is Critical

- ✓ Thinking about the patient's future needs
- ✓ Is this work related?
- ✓ What documentation is needed?

When is illness or injury work related?

Any injury or illness resulting from or sustained in the course of any occupation or employment

More than 50% likely due to work

USE THESE WORDS:

- "More likely than not" due to work
- Work "most likely" cause of the condition
- "But for the work" the condition would not exist

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Worker Compensation

- Medical treatment for injured patient
  - Immediate
  - Long term
  - Access to Specialty Care
- Wages
- Return to Work
- Prevention - Hazard Control
- Public Health
  - Surveillance

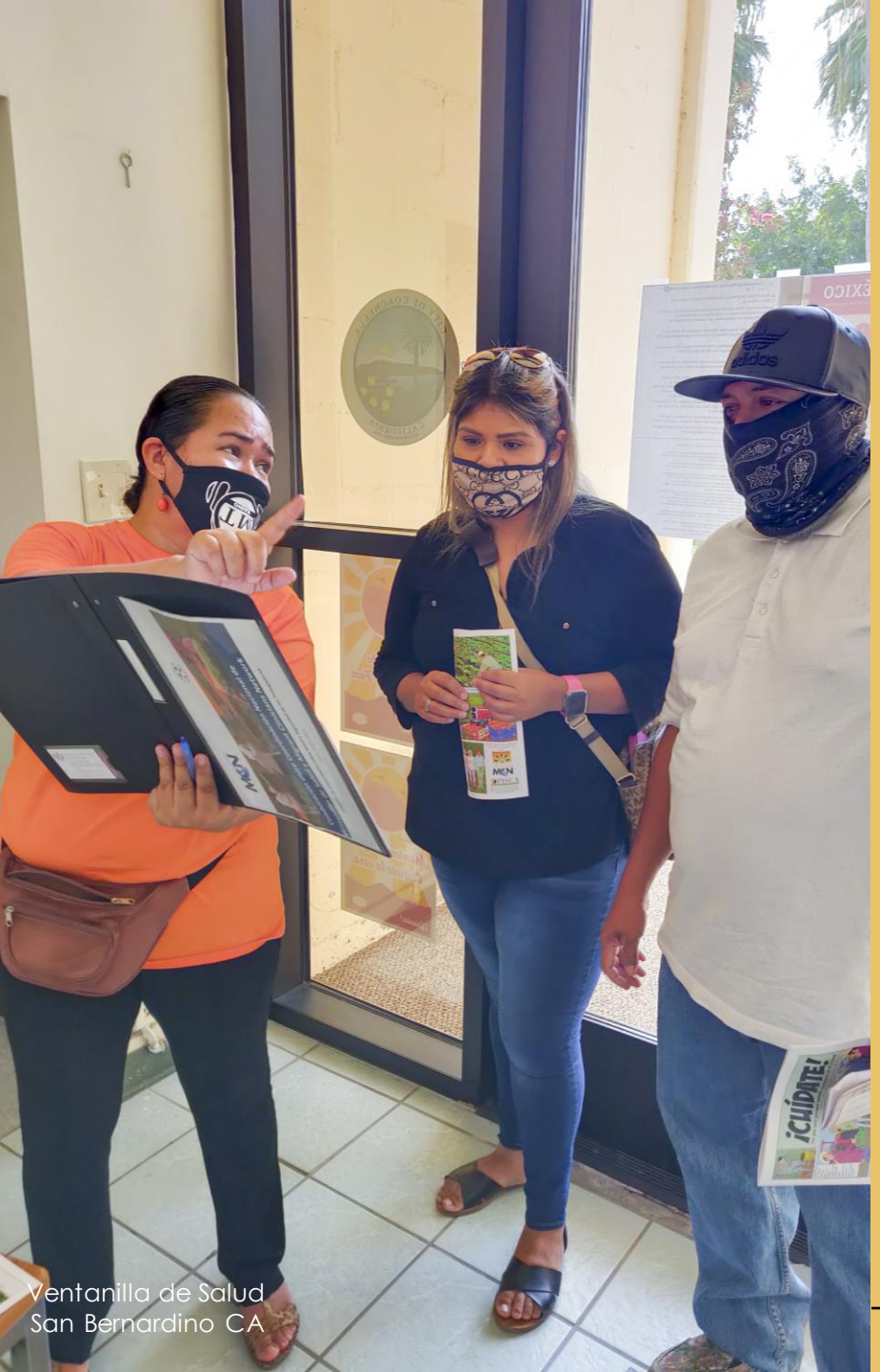
Questions?

What are the “Pearls and Stones” in our work against COVID-19?

Breakout Groups

3 small groups with a facilitator

10 minutes for discussion



Ventanilla de Salud
San Bernardino CA

1. What are your biggest challenges in implementing COVID-19 campaigns in your community?

2. What successes have you seen in your COVID-19 campaigns, and what strategies have been most effective?

3. What additional partnerships, resources, or support do you need to continue or improve your COVID-19 campaigns?

Session Pulse Check

URL Link:
https://forms.office.com/Pages/ResponsePage.aspx?id=NxtHHtibck6Zgif1TJY38hGOu3d_o-BGroBv3Zlnks9UODhMREpYU1BHODVDMVEyQjRRVTJPNTQyNC4u

Thank you!

Our final session:

May 11, 2023

2:00 PM ET/ 1:00 PM CT/
12:00 PM PT