COVID-19 VACCINES ARE SAFE AND EFFECTIVE

Types of vaccines available in the US:
• Pfizer
• Moderna
• For other options contact your health department or pharmacy.

Get one bivalent vaccine whether you have received the primary series or not. Adults 65 or older, the immunocompromised, and children 6 months - 5 years: seek guidance from a healthcare provider.

HOW DO I GET A COVID-19 VACCINE?

✓ Contact your local health department to make an appointment or ask them where mobile vaccine clinics are located.
✓ Check with your local pharmacy. They will likely offer vaccines.
✓ Contact your local community health center to make an appointment.
✓ Speak with your employer about getting a COVID-19 vaccine. They may be helpful in making arrangements to get a vaccine.
✓ Check to see whether vaccines are offered for free at your state or local health department or local pharmacy. Check to see if fees can be waived.

FOR MORE INFORMATION

For answers to Frequently Asked Questions, visit Migrant Clinicians Network (MCN):
https://bit.ly/3ki1xAI

For women who are pregnant, breastfeeding, or trying to get pregnant, vaccines are critical for keeping moms and their babies healthy.

Updated: July 24, 2023
WHAT TO KNOW WHEN GETTING THE COVID VACCINE

You will feel better a few days after your injection.

You are considered up to date once you receive your needed dose or doses.

There are various types of vaccines. All vaccines against COVID-19 are safe and effective.

After vaccination you may experience: arm pain, headache, fever, or chills.

It is important to get vaccinated, even if you have had COVID-19.

Check if vaccines are offered for free at your state or local health department or pharmacy.

BENEFITS OF VACCINATION

✓ Vaccination protects you, your family, and your co-workers from becoming seriously ill and being hospitalized.
✓ Vaccination decreases the number of severe and deadly COVID-19 cases in your community.
✓ Vaccination protects hospitals and clinicians from being overwhelmed with patients severely ill with COVID-19.
✓ The more vaccinated individuals in our community, the less we need to worry about new variants.

RISKS FOR UNVACCINATED

✗ Higher risk of COVID-19 infection.
✗ Higher risk of serious infection, hospitalization, and death.
✗ If a majority of individuals DO NOT get vaccinated against COVID-19, then there is a larger risk of serious illness and risk of new mutations that are more contagious and dangerous.

WHAT SHOULD I DO IF I RECEIVED MY FIRST DOSE IN A DIFFERENT COUNTRY AND IT IS NOT AVAILABLE IN THE U.S?

✚ Not all countries have approved the same COVID-19 vaccines as the United States.
✚ Some vaccines aren’t available in the US but are recognized. If your vaccine is recognized by the CDC, and you have documentation of your vaccination, then you don't have to start over. You can get a shot of Pfizer or Moderna vaccine (mRNA) to become fully vaccinated. If you do not have documentation you will need to start over. Seek medical advice on the recommended timing between doses.

✚ Immunocompromised individuals may need additional doses of the vaccine.
✚ Those who are 6 years or older need a bivalent booster at least 2 months after completing their last vaccine if they have not already received a bivalent booster.
✚ Check for latest updates about boosters.

WHERE DO I GET MORE INFORMATION?

Visit Centers for Disease Control and Prevention: