

Get your Measles vaccine!

One shot for
3 diseases!



Measles vaccine is part
of the MMR vaccine

Two Doses



First Dose
12 months
and up



Second Dose
4 to 6
years



Outbreaks or Travel

Children who live in areas with outbreaks or need to travel out of the country can get **1 dose at 6 to 11 months**, at least 2 weeks before possible exposure

Catch-Up 12 months and up

Children who are unvaccinated or are more than one month behind in their vaccinations will need **2 doses**, each dose at least **4 weeks apart**

Adults

Adults born before 1957 who have NOT had any MMR vaccine and those born after 1957 **should receive at least 1 dose**



If you are not
sure, talk with
your provider

Pregnant women

Should not receive the MMR vaccine

Health staff and volunteers

All health staff and volunteers in any type of healthcare setting,
1 additional dose

Other Adults

Adults in the following groups should receive **2 doses of MMR vaccine** given at least 28 days apart:

- Travel internationally, including on cruise ships
- Family or people with close contact to people with compromised immune systems
- Attend or work at school
- People with HIV infection without severe immunosuppression

