

ADULTS GET VACCINATED TOO!

VACCINATIONS

COMMUNITY HEALTH CLINIC

and COVID Variants



appear not as severe as
the severe illness and death,
e.

Unvaccinated
people
more
to
si

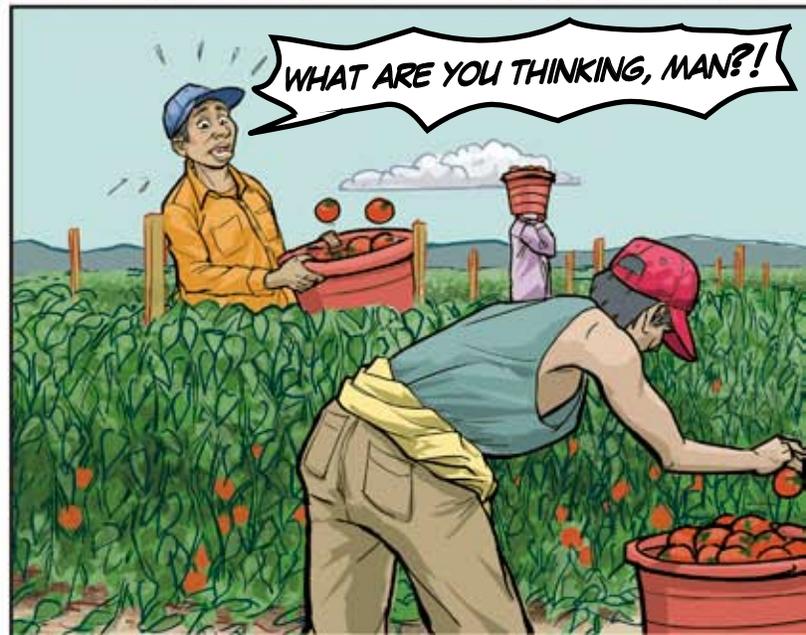
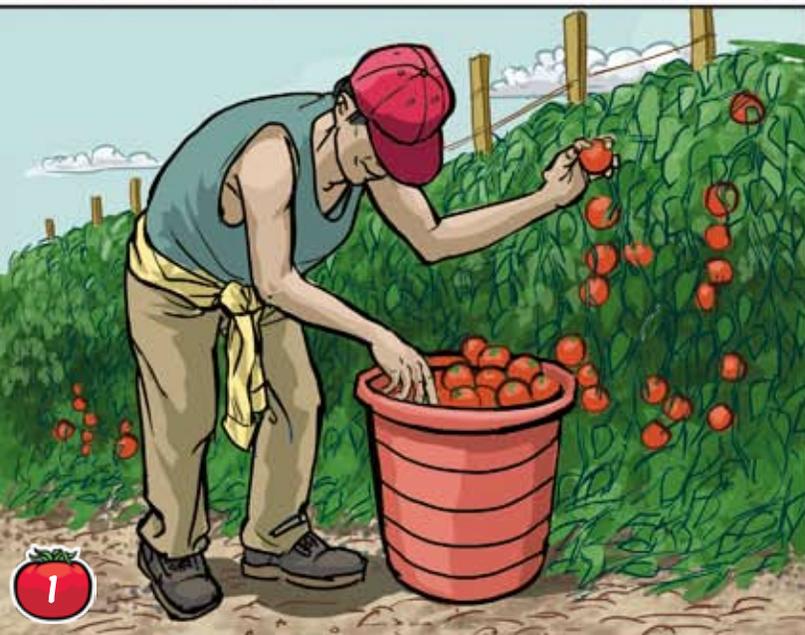
ect
ible
near you:

ADULTS GET VACCINATED
LOS GRANDES TAMBIÉN SE VACUNAN GRANHOUS / FO VAKS

PREVENTABLE DISEASE AND ITS SYMPTOMS
WHEN?
WHERE?



IN A FIELD NOT TOO FAR AWAY, IT IS TOMATO HARVEST SEASON AND THE WORKERS ARE ABOUT TO FINISH THEIR WORK DAY....





EXTREME HEAT

FIELD OR PACKAGING WORKERS CAN SUFFER HEAT EXHAUSTION, STRESS, AND STROKE WHEN WORKING UNDER HIGH TEMPERATURES AND HUMIDITY.

SYMPTOMS



HEADACHE



NAUSEA/VOMITING



SWEATING A LOT AND THIRST



DIZZINESS



WEAKNESS

HEAT EXHAUSTION

>37°C / >98.6°F

- FEVER
- CRAMPS
- IRRITABILITY

HEAT STRESS

>37.7°C / >100°F

- FAINTING
- HIGH FEVER
- LOW BLOOD PRESSURE



DRY/RED/HOT SKIN WITHOUT SWEATING



RAPID BREATHING AND QUICK HEART BEAT

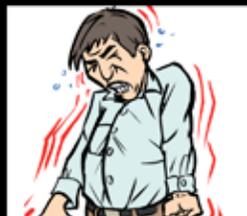
HEAT STROKE

>40°C / >104°F

- FEVER
- COMA
- BODY SAGGING
- UNCONSCIOUSNESS



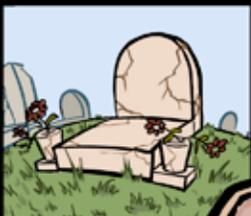
CRAMPS



SEIZURES



CONFUSION AND DELIRIUM



DEATH

HOW TO PREVENT IT

WATER



TAKE CARE OF EACH OTHER THROUGH A BUDDY SYSTEM

REST

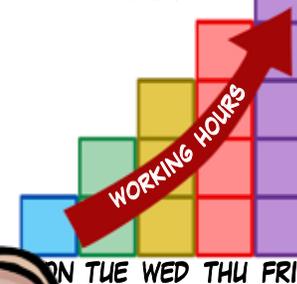


SHADE



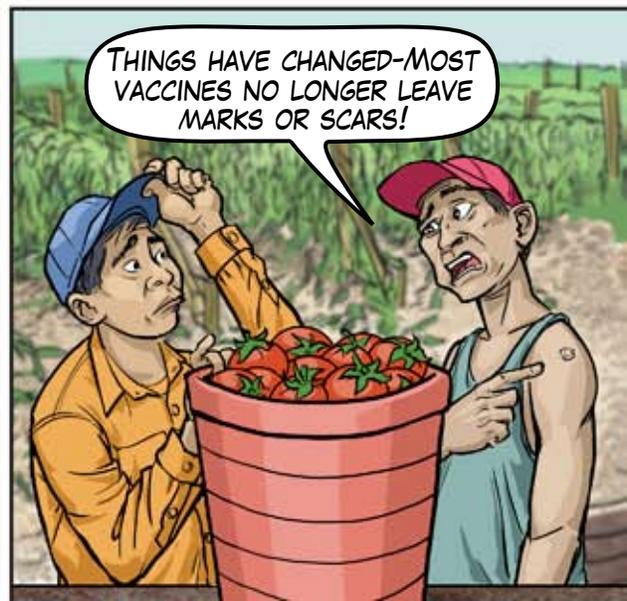
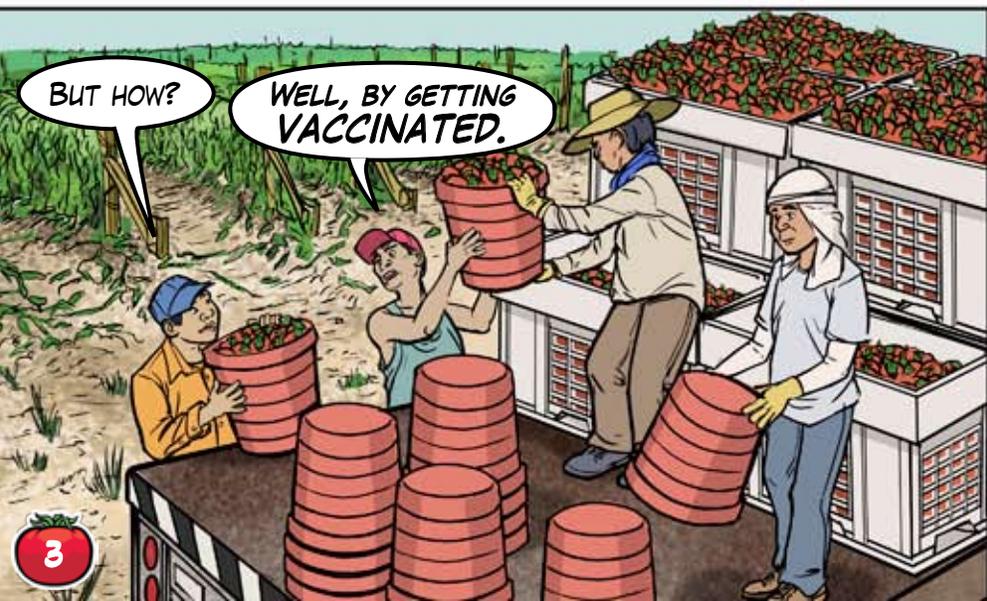
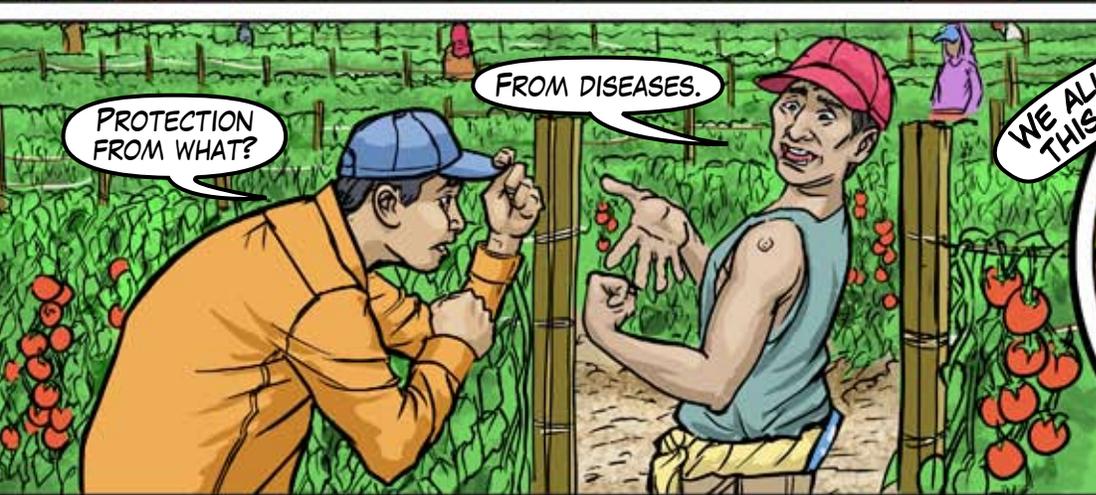
ACCLIMATIZATION TO HEAT AND WORK

GRADUALLY INCREASE WORKING HOURS AND WORKLOAD



SUITABLE CLOTHING







VACCINES PROTECT US FROM MANY DISEASES THAT CAN KILL US.

LOOK!



BUT I THOUGHT THAT VACCINES WERE ONLY FOR KIDS, RIGHT?

SURE, ALL CHILDREN SHOULD BE VACCINATED, BUT THERE ARE VACCINES THAT ADULTS NEED TOO. THERE ARE VACCINES FOR EVERYONE. IF YOU GET VACCINATED AS A KID, YOU'RE EVEN MORE PROTECTED.



I SEE!

JUST LIKE HOW WE PROTECT OURSELVES FROM THE SUN.

THERE ARE SOME VACCINES THAT YOU ONLY NEED TO GET ONCE, BUT THERE ARE OTHERS THAT WE NEED TO GET AGAIN WHEN WE ARE ADULTS.



JUST LIKE YOU PUT ON YOUR SHIRT TO PROTECT YOURSELF FROM THE SUN,

YOU HAVE TO GET VACCINES TO PROTECT YOURSELF FROM GETTING SICK.



VACCINES FOR ADULTS

VACCINE: HB or HepB

DISEASE:
HEPATITIS B

SYMPTOMS:

NAUSEA AND LOSS OF APPETITE

WHEN?

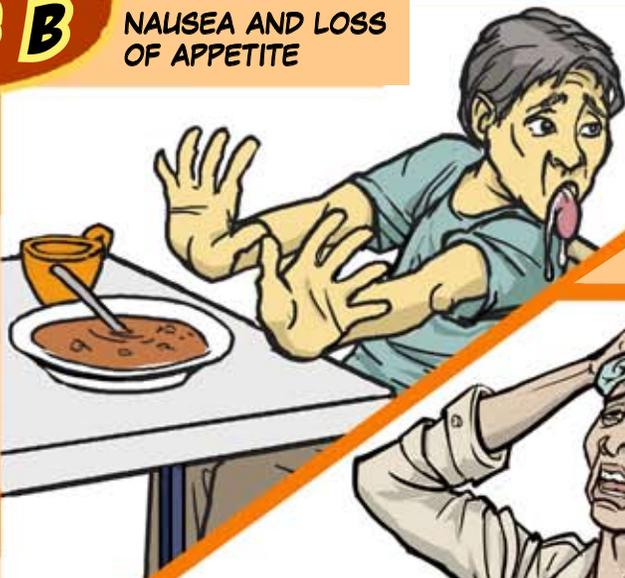
ADULTS **3** doses

wait 1-2 months

wait 4-6 months

WHERE?

ARM



YELLOW EYES AND SKIN



ORANGE OR BROWN URINE



FEVER AND WEAKNESS



DISEASE:
MENINGITIS

VACCINE: MENINGOCOCCAL

SYMPTOMS:

WHEN?

1 dose

for young people who share a bedroom

WHERE?

ARM



FEVER, SEVERE HEADACHE



EYE PAIN AND SENSITIVITY TO BRIGHT LIGHTS

NAUSEA, SEVERE VOMITING



SLEEP, CONFUSION



STIFF NECK

DISEASE:
VARICELLA
(CHICKEN POX)

VACCINE: **VAR**

SYMPTOMS:

WHEN?

 **2 doses**

with a space of 4 to 8 weeks in those under 49 years old who are not vaccinated

WHERE?

ARM



RASH THAT STARTS ON THE FACE, CONTINUES THE CHEST, AND ENDS ON THE ARMS AND LEGS. WHEN IT DRIES, IT LEAVES VERY ITCHY SCABS.

DISEASE:
INFLUENZA
(FLU)

VACCINE: **INFLUENZA**

SYMPTOMS:

WHEN?

 **1 dose**
once a year in the fall or winter



COLD, FEVER, HEADACHE



MUSCLE OR BODY ACHES

SOMETIMES THERE IS DIARRHEA AND VOMITING



WHERE?

ARM



FATIGUE



SORE THROAT, COUGH

DISEASE: TETANUS

1 SHOT FOR 3 VACCINES:

Tdap

SYMPTOMS:

WHEN?

PLUS THESE OTHERS:







CAN'T WALK WELL

DIFFICULT TO SWALLOW

JAW, NECK AND OTHER PARTS OF THE BODY BECOME STIFF

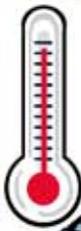
PAIN AND CRAMPING OF THE JAW OR OTHER PARTS OF THE BODY

DISEASE: DIPHTHERIA

SYMPTOMS:

3 doses

3 doses if you have never been vaccinated. And for those already vaccinated, a booster every 10 years





GRAY SPOTS ON THE THROAT

RUNNY NOSE, FEVER

NECK SWELLING

BAD BREATH, HEADACHE AND VERY SORE THROAT

DISEASE: PERTUSSIS

SYMPTOMS:

WHERE?

ARM

7






FEVER AND VOMITING

FREQUENT DRY COUGH

COLD-LIKE SYMPTOMS/ COLD, RUNNY NOSE



THAT'S TRUE

1 SHOT FOR 3 VACCINES:

MMR

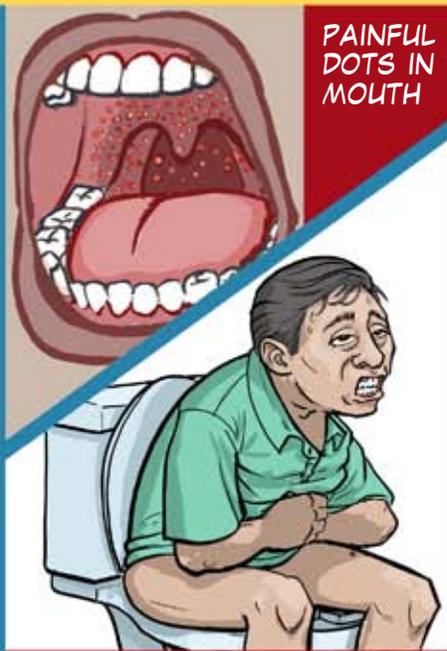
DISEASE: **MEASLES**

SYMPTOMS:

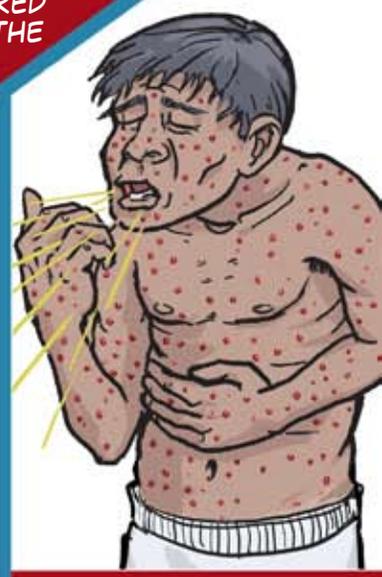
PAINFUL RED DOTS IN THE MOUTH



RUNNY NOSE / COLD / COLD-LIKE SYMPTOMS OR FEVER



DIARRHEA



COUGH, RED RASH ALL OVER THE BODY

WHEN?

1 dose

For adults born before 1957 who have NOT had any MMR vaccine and those born after 1957



DISEASE: **MUMPS**

SYMPTOMS:



FEVER



PAIN WHEN OPENING YOUR MOUTH OR EATING



SWELLING UNDER THE EARS, FIRST ON ONE SIDE AND THEN ON THE OTHER

1 additional dose

For staff and volunteers in any type of healthcare setting



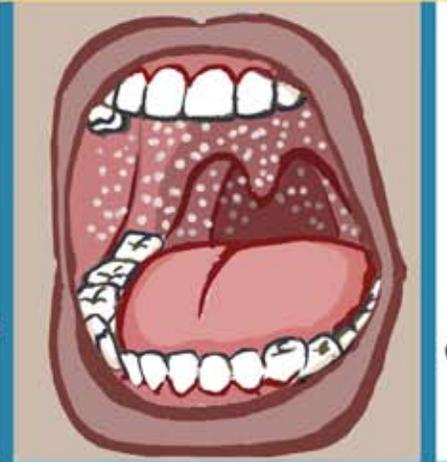
2 doses

DISEASE: **RUBELLA**

SYMPTOMS:



NECK PAIN AND SWELLING



WHITE SPOTS IN THE MOUTH AND THEN RED SPOTS ALL OVER THE BODY THAT LAST ABOUT 5 DAYS



WHERE?

ARM



AND THIS IS THE MOST RECENT..

DISEASE: COVID-19

VACCINE:

COVID-19

SYMPTOMS:

GET THE COVID-19 VACCINE EVERY YEAR

ASK YOUR HEALTHCARE PROVIDER!

SOME STATES HAVE DIFFERENT
RECOMMENDATIONS



All children
6-23 months



Children 2-17
years old with
risk factors or if
parents desire
vaccination

1 dose

TALK TO YOUR HEALTHCARE PROVIDER IF YOU HAVE QUESTIONS



At any point
in pregnancy

1 dose



Adults
18-50 years

1 dose



Adults
50+ years

1 dose

MOST PEOPLE WHO GO TO THE HOSPITAL OR DIE FROM COVID DID NOT HAVE THE VACCINE.

PROTECT YOURSELF WITH THE VACCINE, SO YOU WON'T NEED TO GO TO THE HOSPITAL!



FEVER



HEADACHES



DIFFICULT TO BREATH
(SHORTNESS OF BREATH)



CHILLS



COUGHING



NAUSEA, VOMITING



DIARRHEA



SORE THROAT



FATIGUE



MUSCLE PAIN AND
BODY ACHES



RECENT LOSS OF
SMELL OR TASTE



STUFFY OR
RUNNY NOSE



SO, SHOULD WE GET VACCINATED?



YES MAN, BUT IT'S NOTHING TO WORRY ABOUT!



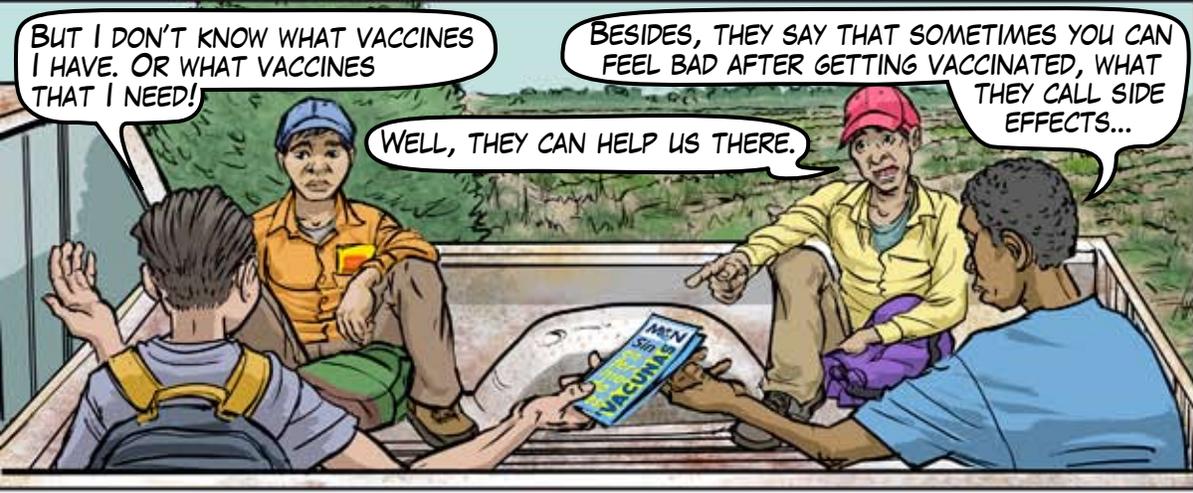
ESPECIALLY FOR THOSE OF US THAT AWAY FROM HOME IN ANOTHER COUNTRY...

WE HAVE TO TAKE BETTER CARE OF OURSELVES.

SO WHERE CAN I GO TO GET VACCINATED?



IT IS A SERVICE THAT IS PROVIDED IN ALL HEALTH CENTERS OR CLINICS.



BUT I DON'T KNOW WHAT VACCINES I HAVE. OR WHAT VACCINES THAT I NEED!

BESIDES, THEY SAY THAT SOMETIMES YOU CAN FEEL BAD AFTER GETTING VACCINATED, WHAT THEY CALL SIDE EFFECTS...

WELL, THEY CAN HELP US THERE.



HMMMM... I THINK THOSE SIDE EFFECTS ARE BETTER THAN GETTING SICK, HAVING TO GO THE HOSPITAL, OR DYING!



ACTUALLY, LET'S GO TO THE CLINIC NEARBY SO THEY CAN EXPLAIN IT BETTER!



WHILE WE ARE THERE, I CAN GET THE NEXT VACCINE I NEED.



COME ON, MAN! YOU SEE? LET'S GO WITH THEM TOO!



AND THEY CAME TO THE CLINIC CONVINCED THAT ADULTS GET VACCINATED TOO!

NEAREST CLINIC

ADDRESS

PHONE

CONTACT PERSON

