

Directory Of Latina/o Behavioral Health Training

Created by:

Alliance for Latino Behavioral Health Workforce Development

February 2012

This directory was created by the Education Committee of the Alliance for Latino Behavioral Health Workforce Development, herein referred to as the Alliance, and supports one of the recommendations contained in the United States Department of Health and Human Services, Office of Minority Health's (OMH) seminal report titled Movilizandonos por Nuestro Futuro: Strategic Development of a Mental Health Workforce for Latinos Consensus Statements and Recommendations. This directory serves as a central repository for a range of academic programs that offer diverse graduate level behavioral health training opportunities with a Latino focus.

It is our hope that individuals interested in pursuing a career in behavioral health with a focus on Latino mental health may benefit from the information contained herein, and that the programs listed continue to grow. Additionally, it is our hope that the programs listed ultimately produce a more diverse and multidisciplinary behavioral health workforce to meet the behavioral health needs of Latinos in a culturally and linguistically competent manner.

About the Alliance:

The Alliance is a strategic partnership of nearly 20 of the leading Latino and non-Latino health, behavioral health, and civil rights organizations across the nation. Its mission is to ensure that the recommendations contained in the OMH *Movilizandonos* report are widely disseminated and seriously considered by the array of stakeholders who are needed to successfully address this critically important issue.

The National Resource Center for Hispanic Mental Health (NRCHMH) is responsible for spearheading the development and operations of the Alliance with the guidance, direction and leadership of the inaugural members of its Steering Committee.

To learn more about the Alliance and the NRCHMH, please visit:

www.nrchmh.org

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INCLUSION CRITERIA FOR THIS DIRECTORY:

- *Emphasis on training students in how to effectively work with the Latina/o community by providing in depth exposure to such opportunities as:
 - -coursework (which may lead to a certificate or concentration)
 - -practicum placements with appropriate supervision
 - -research projects
 - -immersion experiences
- *The above mentioned opportunities should establish a solid knowledge base on issues relevant to the culturally and linguistically responsive delivery of behavioral health services to Latinas/os.
- *Additionally, should prepare and equip the new workforce with the necessary skills in such areas as culturally competent assessments, interventions, treatment planning, consultation, and outreach.
- *Focus on Latina/o behavioral health training must be clearly articulated on your program's website.

In order to add a program to this directory, please contact Manuel Paris at manuel.paris@vale.edu

♦ Introduction **♦**

In July 2009, the United States Department of Health and Human Services (US DHHS) Office of Minority Health (OMH), and its grantee, the National Resource Center for Hispanic Mental Health (NRCHMH), convened the nation's first-ever roundtable discussion on developing a mental health workforce for Latinos, titled *Movilizandonos por Nuestro Futuro*: Strategic Development of a Mental Health Workforce for Latinos. The meeting was convened in order to create consensus statements and recommendations for eliminating disparities in the availability of, access to, and the provision of quality, and culturally and linguistically competent mental health services to Latinos by addressing the lack of an adequate bilingual and bicultural Latino behavioral health workforce, and the lack of Latino leadership at all levels of the behavioral health service system. The meeting resulted in the release of an OMH report containing five consensus statements and numerous recommendations as to how to create a more diverse, multidisciplinary bilingual, bicultural, and culturally and linguistically competent behavioral health workforce for Latinos. The full report may be obtained by visiting www.minorityhealth.hhs.gov and clicking Mental Health under the Topics tab, or by visiting www.nrchmh.org and clicking on Alliance for Latino Behavioral Health Workforce Development (the Alliance).

An immediate outcome of the roundtable discussion was the formation of a Steering Committee to ensure the successful implementation of the recommendations. The primary result from the first Steering Committee meeting was the formal creation of the Alliance. The Alliance consists of an Executive Council, a federal liaison from the US DHHS OMH, and five committees. This directory was created by the Alliance Education Committee and supports one of the recommendations contained in the *Movilizandonos Report*. It was specifically developed in order to assist individuals interested in pursuing graduate education in a behavioral health profession at a program that has a Latino mental health focus and/or concentration.

The Education Committee strives to create efforts to highlight the critical role of formal training programs in promoting the development of a qualified bilingual and bicultural workforce. Additionally, it aims to collaborate with public and private institutions to create pathways for developing a culturally and linguistically competent workforce to address the behavioral health needs in the Latino community.

The Alliance thanks you for your interest in Latino mental health and encourages you to join us in our efforts to ensure a more diverse and multidisciplinary behavioral health workforce to meet the behavioral health needs of Latinos in a culturally and linguistically competent manner. To learn more, please visit us at www.nrchmh.org

❖ ACADEMIC CENTERS WITH A LATINA/O FOCUS ❖

Pepperdine University Graduate School of Education and Psychology The Center for Latina/o Communities (projected start date: Fall 2013)

Description: Aliento is dedicated to addressing the individual and communal mental health needs of Latina/o communities. Aliento, the Spanish word signifying "breath," conveys the essence of the center. The Center's overall purpose is to "give life to," and "help people breathe better." The Center is founded upon the principles of Gustavo Gutiérrez's Liberation Theology and Ignacio Martin-Baro's Liberation Psychology. The Mission of the Center is to educate, advocate and empower Latinas/os and those professionals who work with diverse Latina/o communities. The Center seeks to remediate discrepancies in addressing the needs of the underserved and unserved in society through its manifestation of liberatory ideologies.

The Center is dedicated to training future mental health professionals and conducting outreach to the Latina/o communities through implementing qualitative and community-based participatory research methodologies. The Graduate School of Education and Psychology at Pepperdine University is committed to serving the underserved and unserved; both in our community and in our recruitment and retention of students who are committed to answering the call to a life of service to others. *Aliento* consists of three interrelated components that support students' preparation for clinical and community work.

The first component is our Master's Degree in Marriage and Family Therapy with an emphasis in Latina/o Mental Health. The focus of this program is to train students to develop the linguistic and cultural responsive skills needed to better assist the Latina/o community. The second component consists of Community Outreach and Education. This component is designed to develop collaborative relations with identified key stakeholders who are invested in serving Latina/o communities. Our students are primarily responsible for conducting these outreach efforts and will work with local communities and other entities to provide preventative educational programs in the community. Programs on parenting skills, relationships, and stress management are among the topics addressed. Finally, the Research Institute is committed to conducting high quality research through a Community-Based Participatory Research framework to further address the barriers in mental health care that Latinas/os face, as well as, continue to find culturally responsive solutions to care and outreach.

<u>Contact info:</u> Dr. Miguel E. Gallardo at 949-223-2524 or at Miguel.Gallardo@pepperdine.edu

The Chicago School of Professional Psychology Center for Latino/a Mental Health and Latino/a Mental Health Concentration

M.A. Counseling Psychology, Latino/a Mental Health Concentration:

This concentration is aimed at individuals who aspire to complete a master's degree and work as licensed mental health professionals. In addition to a strong preparation in the essential diagnostic, therapeutic, and consultative skills necessary to treat a variety of emotional, intellectual, and psychological conditions in the general population, this concentration provides specific emphasis on the assessment and treatment of Latino clients. The concentration is embedded into 60 credits of an M.A. degree course work that can be completed in two years (six semesters). Our M.A. program prepares graduates to sit for professional counselor licensure (LPC and LCPC) in Illinois and other states.

<u>Certificate in Latino/a Mental Health:</u> The program consists of six graduate level courses (three core and three electives) that can be completed in one year. Participants will earn sixteen graduate-level credits and a certificate of completion. The certificate program will be offered to a national audience across our Chicago, Southern California and D.C. campuses.

Students will develop mastery to:

- Establish effective relationships with Latino/a clients through skilled interviewing and consideration of cultural differences.
- Identify manifestations, symptoms, and patterns of abnormal behavior in the Latino/a population.
- Assess the cultural factors that influence Latinos/as' mental health and the most culturally appropriate approaches for addressing Latinos/as mental health challenges.
- Discuss appropriate management of and interventions with mentally ill individuals in the Latino/a population.

<u>Latino/a Mental Health Providers Network:</u> The Latino/a Mental Health Providers Network (LMHPN) is the result of The Chicago School's commitment to diversity and multicultural psychology and the generous support from The Chicago Community Trust. The initiative was developed as a response to the pressing need for more mental health professionals who are appropriately trained in the assessment and treatment of Latino/a clients.

The LMHPN meets bimonthly and provides continuing education credits to its members on related Latino/a mental health topics. The meetings aim to provide the space for providers to learn about other services available in the city, strengthen their referral sources, connect with other providers, and

engage in deeper discussions about how to improve mental health delivery for Latinos/as across the city.

Goals:

- Increase the number of culturally competent providers and the cultural competency of existing providers.
- Promote communication and collaboration between agencies.
- Increase the amount of Latinas/os who receive mental health services and reduce the time it takes to receive them.
- Decrease the stigma attached to mental health services in the Latina/o community.
- Promote existing resources in the community and reinforce the referral network among members.
- Increase the amount of Latinas/os who report having completed treatment and having received effective, culturally competent services.

Website: http://tcscenters.org/ and http://lmhpn.tcscenters.org/

❖ DOCTORAL PROGRAMS WITH A LATINA/O FOCUS ❖

Carlos Albizu University/Miami Campus

Description: The mission of the Psy.D. program in Clinical Psychology at the Carlos Albizu University, Miami Campus is to train culturally competent clinical psychologists at the doctoral level of professional competence with special emphasis on the training of minorities, particularly Hispanics. The philosophy of training for the Psy.D. Program is based upon the value that the needs of a multicultural society are best served by a psychology profession that is both culturally competent and inclusive. In accordance with this value, the Program seeks to provide students with a rich exposure to culturally and individually diverse populations through its academic training and applied experiences. It also seeks to train students that have been underrepresented in the field. The Psy.D. Program follows the practitioner-scholar model. It is designed to prepare students as clinical psychologists to provide comprehensive psychotherapeutic and psychodiagnostic services, to assume administrative and supervisory positions in mental health programs, and to provide professional psychological consultation. The Program trains students in the theories and concepts of cultural and individual diversity and in their application to the practice of professional psychology. It also trains students to be consumers of research and base their work on the foundation of scientific evidence and scholarly works.

Website:

http://www.mia.albizu.edu/web/academic_programs/psychology/doctor_of_psychology_in_clinical_psychology.asp

Massachusetts School of Professional Psychology Lucero Latino Mental Health Training Program

<u>Description:</u> Doctoral psychology students in the Latino Mental Health Training Program will complete the MSPP core curriculum for doctoral training in clinical psychology. In addition, they will demonstrate, or master, Spanish fluency and Latino cultural knowledge to work as competent clinicians with this diverse population. Specialty training will emphasize an awareness of the social similarities and differences among Latino groups, and an understanding of the social context of Latinos in modern American society. Graduates of the program will acquire greater sensitivity, not just to the role of culture, but also, of economics and other social factors in the developmental, emotional, relational and behavioral aspects pertinent to the mental health of Latinos.

For students of Hispanic descent, the program will foster self-awareness of the influence of their own cultural beliefs and values in their clinical work with

Latino patients/clients. It will also offer those with limited Spanish fluency an opportunity to enhance their linguistic competence.

Students indicate an interest in the Latino Mental Health Training Program on admission or during Year 1 and formally enter the program during the summer following that year.

Program Highlights:

- Intensive Spanish language training in a Spanish-speaking country during two consecutive summers, each involving a six-week full-immersion experience. Read our student blog to learn about our summer Spanish immersion program in Costa Rica and Ecuador.
- Opportunity for Latino students to expand their cultural training in a Spanish-speaking country different from their own cultural heritage.
- Extensive clinical training in field placements serving Latino patients to enhance the students' sensitivity to the specific mental health needs of Latinos.
- Clinical Seminar conducted in Spanish to increase fluency and introduce the metaphors and language of psychotherapy with Spanish-speakers.
- A core course: "Latino Mental Health in the U.S. Social Context," and several advanced electives.
- Elective Conversational Spanish groups & cultural events.
- Multi-program participation across Doctoral & Masters programs of Study.

Website: http://www.mspp.edu/academics/degree-programs/psyd/latino.asp

Pacific University (Oregon) School of Professional Psychology – Latino Bilingual Track

Description: The Latino Bilingual Track within the School of Professional Psychology combines academic and clinical training experiences intended to prepare students to work with Latinos of origin and Spanish speaking populations. The Track provides students with a way to cluster their training through a defined curriculum of academic classes, research and clinical practice that solidify core knowledge in the cross cultural assessment, diagnosis, and treatment, of individuals, child/adolescents, families and couples of Latinos of origin and Spanish speaking populations. The Track also seeks to support student development of other interests within the field of Latino Psychology. It is the program's goal to train outstanding practitioner-scholars who can deliver and/or develop cutting-edge empirically-driven and validated treatments for this unique population.

Website: http://www.pacificu.edu/spp/clinical/LatinoBilingualTrack.cfm

Texas A&M University - Department of Educational Psychology

<u>Description:</u> The doctoral Counseling Psychology program prepares scientist-practitioners within a cultural framework. Graduates are expected to effectively use critical thinking skills and empirical methods to design, conduct and evaluate psychological research and practice at all levels of professional activity. The program aspires to matriculate culturally-sensitive colleagues who can advance theoretically-based, empirically-driven services that enhance the health and well-being of individuals and communities. As such, it offers a Latina/o focus in research and practicum training, and has professors that are expert in Latino Psychology and Mental Health.

Website: http://cpsy.tamu.edu/

University of Colorado Denver School of Education and Human Development

Description: The Bilingual School Psychologist concentration area provides school psychology students with the knowledge and skills to effectively serve culturally and linguistically diverse English language learners in the school setting. Furthermore, the concentration area consists of language proficiency assessments to ensure that school psychologists are adequately proficient in another language to provide psychoeducational services. Although the demographics in the United States are becoming increasingly diverse, there is a well-documented shortage of bilingual school personnel that can effectively evaluate and work with English language learners. School psychologists need to be aware of the various cultural, language, and systemic factors that uniquely influence ELL performance in the school-setting and be prepared to work with this growing population. At the completion of the concentration area, students will be able to:

- Evaluate and identify flexible, appropriate psychoeducational evaluation strategies to identify strengths and areas of need within diverse populations.
- Collaborate with school professionals and families on best practice when assessing and intervening with diverse students.
- Have knowledge in appropriate psychotherapeutic, psychoeducational, and academic interventions appropriate for diverse populations and be able to evaluate current methods for appropriateness and effectiveness.
- Have adequate language abilities to conduct meetings, write psychoeducational report summaries in a language other than English, and conduct academic and psychological assessment and intervention effectively in their second language.

Website:

http://www.ucdenver.edu/academics/colleges/SchoolOfEducation/Academics/EdS/Pages/BilingualSchoolPsychologistConcentrationArea.aspx

Cuernavaca Mexico Study Abroad: This two week study abroad program taught by Dr. Bryn Harris will take School Psychology students to Cuernavaca, Mexico. It will consist of Spanish language instruction, various fieldwork opportunities, educational readings and seminars, excursions within Mexico, and a home-stay with Mexican families. This program is organized through a language-immersion program called Encuentros in Cuernavaca, Mexico. Encuentros specializes in providing tailored programs to people in the education and mental health fields. They have many connections within the community and are highly invested in teaching participants about the Mexican culture. The program also consists of Spanish language classes conducted by licensed teachers at an Encuentros program site. In addition, participants will stay with a host-family in either a single or double occupancy arrangement. The organization of these home stays is done extremely carefully and consists of multiple family interviews, home visits, and student evaluations of home stays. Participants are provided meals with their home stay.

Website:

http://www.ucdenver.edu/academics/colleges/SchoolOfEducation/Academics/EdS/Pages/EdSinSchoolPsychology.aspx

University of Texas at Austin - Department of Educational Psychology

Description: The first Graduate Psychology Education Program grant to be awarded to a Department of Educational Psychology has been given to the University of Texas at Austin for the training of doctoral psychology students in integrated health care. The \$369,000 grant, awarded by the U.S. Health Resources and Services Administration, was created to address the severe shortage of bilingual and ethnic minority child psychologists, including school psychologists, who can provide mental health services within integrated community health care settings. The training program will prepare graduate students in evidence-based, family-centered and culturally sensitive psychological services in an integrated health care setting. The major goal is to improve the training of Spanish-language speaking and ethnic minority future providers in order to better address the needs of underserved children and families in Central Texas. Three doctoral students in the University of Texas at Austin's Department of Educational Psychology will enter the Graduate Psychology Education program in 2010, with nine to receive stipends and go through the two-year training program over the next two years.

Website: http://www.edb.utexas.edu/education/departments/edp/

♦ MASTER'S PROGRAMS WITH A LATINA/O FOCUS

Antioch University-Santa Barbara M.A. in Clinical Psychology (Latino Mental Health Concentration)

<u>Description:</u> Antioch has designed a concentration specifically for students who are bilingual and bicultural that provides specialized training in working with Latino individuals and their families. Students take all of the courses required for licensure as a Marriage and Family Therapist including several courses focused specifically on Latino clients.

Website:

http://www.antiochsb.edu/courses-and-programs/m-a-in-clinical-psychology/latino-mental-health

The California School of Professional Psychology at Alliant International University (Mexico City Campus)

Counseling Psychology Masters Program: The master's in Counseling Psychology (MACO) program in Mexico City prepares internationally competent clinicians to provide counseling for individuals, children, couples, and families. The program integrates Western and Latin American originating clinical theories and educational modalities. The primary aim of the program is to train students to be competent clinicians prepared to work in an increasing globalized and interconnected world. Students are expected to gain competencies in assessing and treating a broad spectrum of individual and relationship problems, including issues such as substance abuse, couple conflict, sexual dysfunction, anger, depression, and parenting. In addition, students will develop an awareness of indigenous psychologies and various applications of these approaches in clinical practice. Training assists students in understanding and addressing contextual factors such as oppression, injustice, poverty, and other social realities that impact the lives of clients. Students who successfully complete this program will also automatically earn a Certificate in Latin American Family Therapy.

The standard curriculum is two years. Students must complete a minimum of 63 units in order to prepare for licensure under the California Marriage and Family Therapy License. Students may elect to take an additional 6 units if they wish to also qualify for licensure as a professional counselor. Students have the option of licensing in the U.S. as either a Marriage and Family Therapist (MFT) or a Licensed Professional Clinical Counselor (LPCC).

Website:

http://www.alliant.edu/cspp/programs-degrees/clinical-counseling/counspsych-mexico.php

Spanish Language and Cultural Immersion Program: The CSPP Spanish Language and Cultural Immersion Program adopts Margaret Mead's view that we should "never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has." As part of this effort, CSPP offers a five-week summer immersion program each year at the Alliant Mexico City campus.

Since this program goes to different locations and has other changes each year, please contact Dr. Jason Platt at <u>jplatt@alliant.edu</u> for more information.

Website:

http://www.alliant.edu/cspp/programs-degrees/spanish-language-cultural/mexico-immersion-program.php

Montclair State University M.A. in Clinical Psychology - Optional Clinical Psychology for Spanish/English Bilinguals Concentration

<u>Description:</u> The Concentration in Clinical Psychology for Spanish/English Bilinguals prepares graduates to work with a bilingual or Spanish-speaking only population in clinical settings such as hospitals and community mental health centers. Students receive both theoretical training and applied clinical experience as part of the requirements for this Concentration. MA level clinicians are able to do, under supervision and in exempt settings such as hospitals and community mental health centers, virtually anything doctoral level clinicians can do: individual and group psychotherapy, program administrators, psychological testing, etc. However, they cannot do private practice, even under supervision with this degree.

Website: http://chss.montclair.edu/psychology/grad/maed.html

University of Texas – Pan American Masters of Science in Social Work

<u>Description:</u> The concentration in family practice with Latino individuals, groups, and families is centered around six objectives, including: 1) demonstrate advanced family focused intervention knowledge and skills appropriate for Latino individuals and families; 2) use communication skills appropriately with clients, colleagues, and community members; 3) use clinical supervision and consultation to enhance clinical practice skills for work with Latinos; 4) identify and prepare action plans for addressing ethical issues and

dilemmas associated with the delivery of clinical services and programs to Latinos; 5) apply theoretical concepts and research findings to family focused practice with Latino individuals and families; and 6) practice without discrimination and with respect, knowledge, and skills related to clients' age, class, color, culture, disability, ethnicity, family structure, gender, marital status, national origin, race, religion, sex, and sexual orientation.

Website: http://portal.utpa.edu/utpa_main/daa_home/hshs_home/sw_home

♦ CERTIFICATE PROGRAMS ♦

The California School of Professional Psychology at Alliant International University (Mexico City Campus) Latin American Family Therapy Certificate

<u>Description:</u> The Certificate in Latin American Family Therapy is designed to address the growing need for clinicians to develop competencies in working with Latin American populations. The program will focus on assisting clinicians to develop general multicultural and international competencies, increase their understanding of the historical and cultural influences impacting Latin American clients, and the ability to identify best practice procedures for assessing and addressing issues in Latin American mental health. A central component to this program is participation in the five-week CSPP Spanish Language and Cultural Immersion Program. This program takes place each summer at Alliant International University's Mexico City campus. Students enrolled in clinical programs at CSPP, students enrolled in graduate programs at other universities, and working mental health professionals are eligible to apply to this program.

Website:

http://www.alliant.edu/cspp/programs-degrees/graduate-certificate/latin-amer-fam-therapy.php

University of Miami Department of Educational and Psychological Studies Latino Mental Health Program

Description: The Latino Mental Health Program is a 12-credit certificate graduate program in Latino mental health for individuals who work with Latino populations. The overall goals of this program are to acquire the most up-to-date information about Latino mental health and to develop clinical skills in conducting assessment, therapy, and counseling with Latino clients. Students will learn about cultural, social, and historical roots of Latino psychology, clinical conceptualization of Latino mental health issues and clinical presentations from a culturally sensitive approach; critical approaches to psychological assessment of Latino clients; up to date information about empirically validated interventions for mental disorders; and Spanish language skills pertaining to clinical work. Students will benefit from faculty with expertise in Latino mental health, opportunities for case discussion, a diverse student body and faculty, and classes mostly taught in Spanish.

Website:

http://www.education.miami.edu/program/programs.asp?Program_ID=141

EDUCATIONAL EXCHANGE

University of Wisconsin-Madison Counseling Psychology Program

<u>Description:</u> The University of Wisconsin–Madison's counseling psychology program has an exchange agreement with Universidad Francisco Marroquin (UFM) in Guatemala City this year. Through the program, doctoral students work with families, adults and children for a practicum experience at the university's community mental health clinic, and UFM exchange students will take doctoral-level courses in counseling psychology at the Madison campus.

Website:

http://www.studyabroad.wisc.edu/programs/program.asp?program_id=264

❖ PRACTICUM AND FIELD SITE TRAINING ❖

Arizona State University Counseling Psychology Program (Practicum and Field Site Training)

<u>Description:</u> The program encourages doctoral students to study Spanish and take courses on counseling Latinos and independent study on cultural competency. Those who take the course and speak Spanish may work with Latino clients at the university's community clinic onsite and at off-campus sites when Spanish-speaking, culturally competent supervisors are present. Besides coursework and practicum, professors encourage student research on mental health issues affecting Latino communities.

Website: http://sls.asu.edu/cp/phd/

Central Michigan University / Community-Academic Initiatives for Development (CommunityAID)

The CommunityAID program at Central Michigan University offers within its various psychology doctoral programs (i.e., clinical, school, industrial/organizational, and experimental) training in applied services research with historically-underserved children, youth, and families, in particular Latinas/os. As part of that training, the program offers:

- 1. a practicum site providing bilingual services to Latinas/os in the US
- 2. an ongoing international collaboration with the Universidad Iberoamericana (UIA) de Puebla (Mexico)

Website: http://www.cmich.edu/chsbs/x30153.xml

Instituto Familiar de la Raza, Inc.

IFR offers multiple internship opportunities in the San Francisco area:

<u>La Clínica (Outpatient Mental Health Clinic):</u> The goal of this doctoral and master-level training program is to provide quality bilingual/bicultural training for emerging professionals in order to meet the mental health care needs of the Latino community in a manner and setting which is culturally, socially, and clinically appropriate and effective.

<u>Early Intervention Services (School-Based Mental Health):</u> Placements through this program are available at several pre-schools, elementary, and middle schools, with an emphasis on serving the multicultural community in San Francisco. The program places great importance on prevention, early intervention and clinical case management as the preferred mode of intervention. Direct service counseling plays a supportive role to systemic interventions.

Administrative/Development Track: Interns interested in learning about the administrative, funding, staff and organizational development activities of nonprofit and community-based agencies are encouraged to apply. Each trainee will work closely with an appointed Director to develop an individualized curriculum based on agency needs and intern interests.

<u>Chicano/Latino Family Resource System (FRS) ~ Casa Corazon:</u> The interns in this track will gain expertise in a system where Latino families have access to an array of easily accessible, holistic and culturally appropriate activities that are provided in a friendly and parent-driven environment.

<u>Si a La Vida:</u> Offers HIV education, prevention and psycho-social services to the Chicano/Latino community. Internship available to mental health Doctoral and Master level bilingual candidates who are interested in enhancing their expertise providing services to the target population.

Website: http://www.ifrsf.org/english/getInvolved_internships.html

PSYCHOLOGY CLASSES IN SPANISH *

Our Lady of the Lake University Communicative and Cultural Competency Program

<u>Description:</u> The Communicative and Cultural Competency Program (CCC-MHP), developed with funding from the Substance Abuse and Mental Health Services Administration (SAMHSA), provides training for mental health providers who have basic conversational skills in Spanish but lack the training needed to utilize their education and professional skills, which were obtained in English, to work with Spanish-dominant clients. The CCC-MHP Instructors Manual includes a glossary of English/Spanish and a test of knowledge of Latino cultures.

Website:

http://www.ollusa.edu/s/1190/ollu-3-column-noads.aspx?sid=1190&gid=1&pgid=3174&sparam=cultural%20competency&scontid=0

❖ RESEARCH TRAINING ❖

UCLA Minority Mental Health Training Program

<u>Description:</u> The clinical program within the Department of Psychology is developing courses and research opportunities relevant to minority mental health issues. The program is working to incorporate minority mental health content into the core curriculum; to integrate related experience into the practicum experiences of all clinical students; and to create a sub-specialty in minority mental health with outstanding social psychologists from other universities and research organizations.

Website:

http://www.psych.ucla.edu/center-and-programs/minority-mental-health-training-program

University of Southern California Latino Mental Health Research Training Program

<u>Description:</u> Dr. Steven Lopez at USC's Department of Psychology, Dr. Carmen Lara at the Benemérita Universidad Autónoma de Puebla (BUAP) in México, and colleagues at USC, UCLA, and California State University at San Bernardino have established an 11-week summer research training program designed to prepare undergraduate and graduate level researchers to address disparities in mental health care of U.S. Latinos with serious mental illness. The specific aims of the National Center on Minority Health and Health Disparities (NCMHD) funded MHIRT program are:

- 1. To recruit the very best young researchers from groups with significant health disparities, particularly Latinos.
- 2. To help the trainees develop the research and professional skills to reduce and eliminate mental health disparities for Latinos.
- 3. To increase the number of researchers from communities with significant health disparities who receive research oriented doctoral degrees.

Website:

http://dornsife.usc.edu/latino-mental-health/home/index.cfm

♦ ALLIANCE STEERING COMMITTEE MEMBERS

Chair: Henry Acosta, MA, MSW, LSW

National Resource Center for Hispanic Mental Health

Federal Staff Liaison: Teresa Chapa, Ph.D., M.P.A.

U.S. Dept. of Health and Human Services

Office of Minority Health

National Organizations Represented:

American Society of Hispanic Psychiatry

National Alliance on Mental Illness

National Association of Hispanic Nurses

National Association of Puerto Rican and Hispanic Social Workers

National Council of La Raza

National Latino Behavioral Health Association

National Latina/o Psychological Association

Other Organizations, Institutions of Higher Education, and Diverse Groups Represented:

Alliant International University

Latino Behavioral Health Institute

Los Angeles County Department of Mental Health, Division of Empowerment & Advocacy

Massachusetts School of Professional Psychology

Mental Health America of Los Angeles

Pacific Clinics

The Chicago School of Professional Psychology

The Hogg Foundation for Mental Health

University of California – Davis, Center for Reducing Health Disparities Visión y Compromiso

Yale University School of Medicine

Education Committee Members

Chair

Milton A. Fuentes, Psy.D.

President, National Latina/o Psychological Association Associate Professor and Deputy Chair, Psychology Department Director, New Faculty Program Montclair State University 1 Normal Avenue, Montclair, NJ 07043

Office: Dickson Hall - Room 256

Tel: 973-655-7967 Fax: 973-655-5121

Email: fuentesm@mail.montclair.edu

Members

Miguel E. Gallardo, Psy.D.

Associate Professor of Psychology Pepperdine University Graduate School of Education and Psychology 18111 Von Karman Avenue, Suite 209 Irvine, CA 92612

Tel: 949 223-2524 Fax: 949-223-2575

Email: Miguel.Gallardo@pepperdine.edu

Website: www.drgallardo.com

Maria E. Rosa, CARN, DrPH, Ph.D.

Professor and Director Nursing Department Universidad del Turabo School of Health Sciences PO Box 3030 Gurabo, PR 00778

Tel: 787-743-7979, ext. 4017, 4026

Email: mrosa@suagm.edu; mariarosa5262@gmail.com

Manuel Paris, Psy.D.

Associate Professor, Dept. of Psychiatry Yale University School of Medicine Deputy Director, Hispanic Services Connecticut Mental Health Center 34 Park Street, New Haven, CT 06519

Tel: 203-974-5819 Fax: 203-974-5850

Email: manuel.paris@yale.edu

Virginia G. Quiñonez, Psy.D.

Associate Professor & Chair Clinical Counseling Department The Chicago School 325 N. Wells Chicago, IL 60654

Tel: 312-329-6623

Email: vquinonez@thechicagoschool.edu

For further information on the Alliance, please contact:

Henry Acosta at 609-838-5488, ext.205, or via e-mail at hacosta@nrchmh.org.

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