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Principles of Public Health for Community Health and Outreach Workers

Inequalities in Health Care

Presented by: Del Garcia, MA

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Learning Objectives

1. Explain the context of the inequality of health care
2. Explain how health inequalities in the US affects as health promoters can help overcome these obstacles to equitable care
3. Definition of health inequality
4. Discussion of the most common causes in the US

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What are the factors in health in inequality?

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Have you had training in health inequality?

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Which is the principal cause of death among Hispanics?

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What are health inequalities?

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Evolution of understanding of inequalities

- Describe the problem
- Understand the mechanisms
- Design interventions
- Evaluate the results

Timeline 1970, 1980, 1990, 2000, 2010

Evolution of health knowledge

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Health difference between groups of people

- A group has worst health outcomes than other groups
- There is no medical reason for this happening
- Health inequalities are not caused by biology
- Are caused by many factors in society

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Health Inequalities

Factors

- Low socioeconomic status
- Social Injustice
- Cultural differences

Barriers

- Cost
- Communication and information
- Medical system
- Fear and other emotional aspects
- Geography
- Unequal treatment

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Health Literacy

"The degree to which individuals have the capacity to obtain, process and understand information and services needed to make appropriate health decisions basic health" Healthy People 2010

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Health inequalities are measured

- Between countries
- Worldwide
- Between men, women, and children
- Among racial and ethnic groups
- Between elderly and younger
- Between cities and rural areas

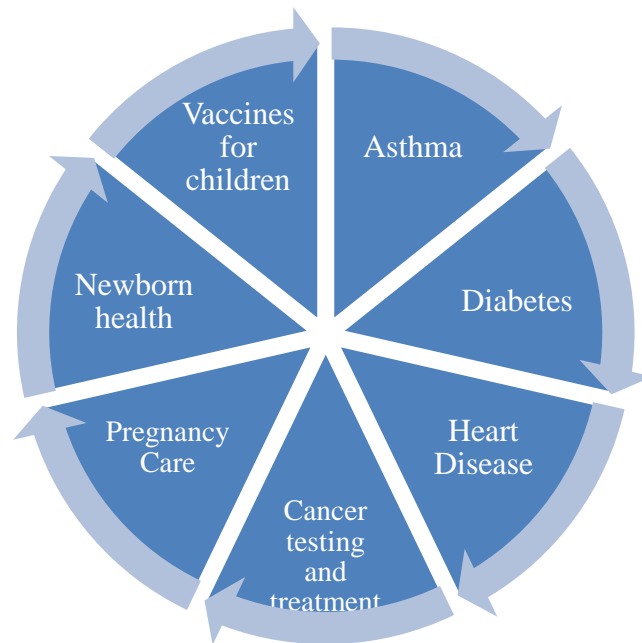
- Among people with insurance or uninsured
- And many other forms

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Health inequalities in the US

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Common conditions that can become large health inequalities



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Sofia – graphic

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Health disparities among Hispanic

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Late diagnosis of cancer

- Cervical, breast, and colon
- It is actually better with the prostate and skin cancer

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Asthma is more severe with more deaths and hospitalizations

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Newborns are generally healthy weight, but mothers with less care during pregnancy

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Elena – graphic

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More problems and diabetes starts at a younger age

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Heart disease is the No. 1 killer of Hispanics

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Kidney disease even without diabetes or heart disease is a major problem in Hispanics

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Depression, anxiety and stress have used fewer treatments to help

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Health inequalities migrant farmworkers

- Food insecurity with overweight and malnutrition
- Vitamin deficiencies
- The delay in the diagnosis of disease
- Diabetes and kidney failure
- Less treatment for cancer and worse for most Americans who have cancer
- No regular care

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Health Inequity: A World Apart

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The World Health Organization defines health inequity...

“...avoidable inequalities in health between groups of people within countries and between countries”

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The reduction of these inequalities in health is what we mean by working for justice health

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These are all things that health workers do community! You are essential!

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For more information

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Please complete the participant evaluation

Thank you!

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Coming soon – Please note webinars are in Spanish only

1. What is Public Health – January 14, 2015
2. Health Disparities – February 28, 2015
3. The Role of the Promoter in Public Health – March 18, 2015
4. The Ten Essential Services of Public Health – April 15, 2015
5. Culture and Health – May 13, 2015
6. Community Needs Assessment – June 17, 2015
7. Do People choose their own Health? – July 15, 2015
8. The Role of Community Health Workers and Promotores in Community Based Participatory Research (CBPR) – August 12, 2015
9. Empowering CHWs by Using Health Information Technology – September 16, 2015
10. Future Challenges in Public Health – October 14, 2015